



CONFIDENT. BEAUTIFUL.
FROM THE INSIDE OUT.



 **DOUGLAS**
LABORATORIES

| PUSHING POTENTIAL.



WHY SUPPLEMENTS FOR BEAUTY?

Over time, many factors contribute to changes in our hair, nails and skin. Dietary, environmental and genetic factors, as well as lifestyle, all contribute to our physical appearance and well-being. These factors can affect the pigmentation, elasticity, hydration, thickness, and luster of hair, nails and skin. Outward appearance is a reflection of our internal cellular and metabolic health. Dietary supplementation with specific, scientifically studied nutrients, like those found in the Douglas Laboratories® Beauty Suite, can help support our appearance as we age.†

Douglas Laboratories researches, develops and manufactures the right suite of rigorously designed, science-based, healthy aging supplements. With a 60-year heritage of innovating and designing products to meet the needs of healthcare professionals, we push the potential of both clinical practices and patients to continually perform at their personal best, today and in the future. Douglas Laboratories is both GMP and NSF International registered, and is approved to produce NSF Certified for Sport® products.†

We are committed to staying at the forefront of new research where the science of supplementation and beauty intersect.



FEATURES PATENTED NUTRIENTS CLINICALLY SHOWN TO SUPPORT BEAUTY†

Formulated by Dr. Shelena Lalji, Ultra HNS supplies high dose biotin, methylfolate, vitamin C, zinc, and Cynatine® HNS, a patented, solubilized keratin for the health of hair, nails, and skin.† Cynatine® HNS has demonstrated that it can improve the strength, brightness and appearance of hair, nails and skin, as well as reduce hair loss associated with washing.†



CLINICAL **ADVISOR:**



Shelena Lalji, M.D.††

Known as “Dr. Shel,” she is the founder and medical director of the Dr. Shel Wellness & Medical Spa in Sugar Land, Texas. An honors graduate of Emory University School of Medicine, Dr. Shel is a board-certified Obstetrician and Gynecologist. She has published her first book, “I am Woman,” to educate women of all ages about reclaiming their health, happiness and harmony.

TO ORDER VISIT US @ [DOUGLASLABS.COM](https://www.douglaslabs.com) OR CALL TOLL FREE @ 1-800-245-4440

Ultra HNS Hair, Nails, Skin Formula

Formula

201345

Size

90 Vegetarian Capsules

Suggested Usage: 3 daily

SUPPLEMENT FACTS

Serving Size 3 Vegetarian Capsules • Servings Per Container 30

Amount Per Serving		%DV
Vitamin C (as Ascorbic Acid).....	250 mg	417%
Folate (as L-Methylfolate, Metafolin®).....	200 mcg	50%
Biotin	6,000 mcg	2,000%
Zinc (Krebs [†])	25 mg	167%
Cynatine® HNS (soluble keratin).....	500 mg	*
PABA (Para-Aminobenzoic Acid)	75 mg	*
Lemon Bioflavonoid Complex	75 mg	*

*Daily Value (DV) not established.

Other ingredients: Hydroxypropyl methylcellulose (capsule), dicalcium phosphate, cellulose, vegetable stearate and silica.

[†]Krebs = Citrate, Fumarate, Malate, Glutarate and Succinate Complex.

Cynatine® HNS is a registered trademark of Roxlor, LLC.

Metafolin® is a registered trademark of Merck KGaA, Darmstadt, Germany.

**Dr. Lalji has been retained as a medical consultant in advising Douglas Laboratories.

*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.

QÜELL FISH OIL® IS UNIQUE AMONG OTHER FISH OILS AND EXCLUSIVE TO DOUGLAS LABORATORIES



Omega-3 fatty acids are essential for overall health and well-being, but most individuals do not consume adequate amounts. Douglas Laboratories offers QÜELL, a suite of ultra-pure supercritical CO₂ extracted omega-3 fish oils in triglyceride form. A growing body of scientific evidence supports the triglyceride form as exhibiting greater absorption compared to the ethyl ester form. Supercritical CO₂ extraction technology ensures that omega-3 fatty acids are extracted without high temperatures, oxygen or traditional chemical solvents. The result is a fish oil of exceptional purity that can deliver concentrated amounts of EPA and DHA in easy-to-swallow softgels. QÜELL Fish Oil® EFA Plus also provides organic borage seed oil, a rich source of GLA, and astaxanthin, an antioxidant and carotenoid, for targeted support of the skin, joints, and eyes.†

TO ORDER VISIT US @ [DOUGLASLABS.COM](https://www.douglaslabs.com) OR CALL TOLL FREE @ 1-800-245-4440

QÜELL Fish Oil® EFA Plus

Formula

202260

Size

60 Softgels

Suggested Usage: 2 daily

SUPPLEMENT FACTS

Serving Size 2 Softgels • Servings Per Container 30

Amount Per Serving	%DV
Calories.....	10
Calories from Fat.....	10
Total Fat.....	1 g 2%**
Vitamin A (as retinyl palmitate).....	500 IU 10%
Vitamin C (as ascorbic acid).....	50 mg 83%
Vitamin D ₃ (as cholecalciferol).....	1,000 IU 250%
Vitamin B ₆ (as pyridoxine HCl).....	25 mg 1250%
Magnesium (from magnesium glycinate).....	100 mg 25%
Omega-3 Supercritical CO ₂ Triglyceride Concentrate.....	750 mg *
Providing:	
EPA (Eicosapentaenoic acid).....	340 mg *
DHA (Docosahexaenoic acid).....	220 mg *
GLA (from organic borage seed oil).....	100 mg *
Astaxanthin.....	1.5 mg *

*Daily Value (DV) not established.

**Percent Daily Value (DV) based on a 2,000 calorie diet.

Other ingredients: Sunflower lecithin, beeswax, capsule [gelatin from fish [tilapia], glycerin, water, carob].

This product contains fish oil (anchovies, sardines, mackerel).

BUILD A HEALTHY FOUNDATION FROM THE INSIDE OUT[†]

QÜELL Fish Oil[®] EFA Plus and Ultra HNS are part of the Douglas Laboratories Foundational Health Suite for Beauty and Skin.[†]

These products were designed to support the strength, moisture, appearance and growth of hair, nails, and skin.[†]



Beauty Products[†]	Dosing
QÜELL FISH OIL[®] EFA Plus	2 softgels daily with food
Ultra HNS (Hair, Nails, Skin Formula)	3 capsules daily

These are general recommendations. Please follow the recommended dosing of your health professional.

For more information on our Beauty products,
visit www.douglaslabs.com/beauty

COMPLETE ACCESS



HOW TO PLACE AN ORDER

Douglas Laboratories offers a wide range of research-based dietary supplements directly to healthcare professionals. The most important link between our professional-strength supplements and consumers is the presence and guidance of a qualified health professional.

ONLINE

Secure online ordering at www.douglaslabs.com.

All of our product information is available online in our Product section. Search by health function, ingredient, name or item number.

CALL US

1-800-245-4440

Douglas Laboratories
112 Technology Drive
Pittsburgh, PA 15275



Access our full line of Beauty products, along with our nine other key healthy aging categories developed for customized patient support.[†] Visit www.douglaslabs.com today.

Order today and receive FREE SHIPPING on all web orders of \$100 or more.
Use Coupon Code: **DL100** at checkout.*

*Valid in USA and for online orders only. Cannot be combined with any other promotions. Free standard shipping will apply to entire order and become available under Shipping Method.



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The information contained herein is for informational purposes only and does not establish a doctor-patient relationship.

Please be sure to consult your physician before taking this or any other product. Consult your physician for any health problems.

[†]These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.