

UPPER DIGESTIVE

Developed with Dr. Jacob Teitelbaum*

Protocol Objective:

To support healthy stomach digestive function.‡

CLINICAL OBJECTIVE‡	ASSESSMENT	PRODUCT RECOMMENDATIONS*	DOSING
Provide healthy upper digestive support with plant-based enzymes	Occasional poor digestion, prolonged stomach fullness	GI Digest Formula: 201538	1 capsule with each meal, may increase dose as needed
Support healthy gastric pH and protein digestion		Betaine Plus® Formula: 202759	1 capsule with each meal
Support a healthy stomach mucous lining and gastrointestinal health		Pylori-Plex Formula: 99076	2 capsules daily, with meals

Available for download at: douglaslabs.com/protocols

*Please note that patients may not require all supplements listed.

+Dr. Jacob Teitelbaum is a retained advisor for Douglas Laboratories.

‡The information contained herein is for informational purposes only and does not establish a doctor-patient relationship.

Available for download at: douglaslabs.com/protocols