

ULTRA PREVENTIVE® FORMULAS

Ultra Preventive® is the Douglas Laboratories® signature line of comprehensive multivitamin/mineral/trace element formulas featuring phytonutrients, Metafolin® methylfolate and bioavailable forms of nutrients in therapeutic dosing options.

Ultra Preventive® formulas are available in gummies, tablets or capsules in order to meet the personalized nutrient needs of your patients.†

FORMULATIONS	FEATURES	DAILY DOSE SUGGESTIONS
Ultra Preventive 1® Daily Formula: 202741	Ultra Preventive® 1 Daily offers 21 essential vitamins and minerals, plus antioxidants, within a single capsule. This comprehensive vitamin/mineral/trace element formula contains bioavailable nutrient forms to support optimal health and wellness, such as CoQ ₁₀ for mitochondrial energy; Metafolin® L-5- MTHF folate, vitamin B ₁₂ and choline for methylation support; and antioxidants for immune and cellular health.‡	1 capsule
Ultra Preventive® 2 Daily Formula: 202775	A two-tablet daily multivitamin/mineral/race element formula with a fruit and spinach blend, methylfolate, and the antioxidants astaxanthin and pterostilbene (methylated resveratrol).	2 tablets
Ultra Preventive® III Formula: 202663	A tailored blend of 17 essential nutrients, including choline and Metafolin® L-5-methyltetrahydrofolate (L-5-MTHF), enhanced with organic fruits in a convenient, great-tasting, chewable gummy.	Ages 2 to 3, take 2 gummies daily, with a meal Ages 4 and up, take 4 gummies daily, with meals
Ultra Preventive® EZ Swallow Formula: 202484	A slightly smaller, easier-to-swallow tablet version of Ultra Preventive® X with less vitamin C, calcium and magnesium, with a natural vanilla coating.	2 Tablets
Ultra Preventive® Gummy Formula: 202509	Ultra Preventive® Gummy is a tailored blend of 17 essential nutrients, including choline and Metafolin® L-5- methyltetrahydrofolate (L-5-MTHF), enhanced with organic fruits in a convenient, great-tasting, chewable gummy. Ultra Preventive® Gummy uses pure, hypoallergenic ingredients without artificial colors, flavors or preservatives. Each serving contains 2 g of sugar, up to 75% less sugar than other leading professional brands, providing 6-8 g per serving.‡a	Ages 2 to 3, take 2 gummies daily, with a meal Ages 4 and up, take 4 gummies daily, with meals
Ultra Preventive® Kids Formula: 202135	Vitamins and minerals in great-tasting chewable natural orange or grape-flavored tablets sweetened with stevia and xylitol.	2 chewable tablets
Ultra Preventive® X Formula: 202331	The signature multivitamin/mineral formula with an organic fruit, vegetable and phytonutrient blend (in tablet or capsule form).	4-8 tablets or capsules
Ultra Preventive® 50+ Formula: 202547	A two-tablet daily multivitamin/ mineral/trace element formula specially designed for men and women over 50 to support healthy aging, cognition and vision.‡	2 Tablets

† As of 8/20/2019

Visit douglaslabs.com/foundation for more products and information related to the Ultra Preventive® Formulations Selection Guide.