

COGNITIVE PROTOCOL OBJECTIVE

Developed with Dr. Jacob Teitelbaum*

Protocol Objective:

To optimize normal memory and cognitive function.

CLINICAL OBJECTIVE†	ASSESSMENT	PRODUCT RECOMMENDATIONS*	DOSING
Helps maintain healthy mental performance	Self-reported satisfaction with memory & cognition‡	Ginkgo Biloba Max-V Formula: 77330	1 capsule, twice daily
Support neurological health		QÜELL® Fish Oil EPA/DHA Plus D Formula: 200981	1 softgel daily, with a meal

Available for download at: douglaslabs.com/protocols

*Please note that patients may not require all supplements listed.

†Dr. Jacob Teitelbaum was a retained advisor for Douglas Laboratories.

‡The information contained herein is for informational purposes only and does not establish a doctor-patient relationship.