

# IMMUNE

Developed with Dr. Julie Chen\*

## Protocol Objective:

To identify specific immune support needs throughout the year, including long and short-term immune health maintenance and support for the body's immune response.‡

CLINICAL OBJECTIVE†	PRODUCT RECOMMENDATIONS*	DOSING
<b>Immune support</b>  <b>Support mast cell function and help modulate the release of immune mediators</b>  <b>Support healthy respiratory function</b>	<b>Querciplex</b> Formula: 202635	1 capsule, twice daily
	<b>Wobenzym® Plus</b> Formula: 201910	2 capsules daily, 45 minutes before a meal
<b>Daily immune support</b>	<b>C-D-Zinc</b> Formula: 202644	1 capsule, 1-2 times daily
	<b>Vita-Kids Immune Liquid</b> Formula: 99893	1 teaspoon (5 ml) daily
	<b>Multi-Probiotic® (4 Billion, 15 Billion or 40 Billion)</b> Formula: 202449, 202516, 202634	1-2 capsules daily
	<b>Colostrum (100% Pure New Zealand)</b> Formula: 202118	2 capsules, twice daily
<b>Short-term immune support (3-7 days)</b>	<b>C-D-Zinc</b> Formula: 202644	2 capsules daily with food
	<b>Vita-Kids Immune Liquid</b> Formula: 99893	1 teaspoon (5 ml) daily
	<b>N-Acetyl-L-Cysteine (NAC) 900 mg</b> Formula: 202749	1 capsule, 1-2 times daily
	<b>AHCC® Plus</b> Formula: 99275	2 capsules daily
<b>Children's immune support</b>	<b>Vita-Kids Immune Liquid</b> Formula: 99893	1 teaspoon (5 ml) daily
	<b>Vitamin C Gummy</b> Formula: 202674	2 gummies, 1-2 times daily
	<b>Vitamin D Gummy</b> Formula: 202673	1 gummy, 1-2 times daily with food
	<b>Zinc Gummy</b> Formula: 202675	1 gummy, 1-2 times daily with food
	<b>Colostrum (100% Pure New Zealand)</b> Formula: 202118	2 capsules, twice daily

Available for download at: [douglaslabs.com/protocols](https://douglaslabs.com/protocols)

\*Please note that patients may not require all supplements listed.

†Dr. Julie Chen was a retained advisor to Douglas Laboratories.

‡The information contained herein is for informational purposes only and does not establish a doctor-patient relationship.