

MULTI-PROBIOTIC® FORMULATIONS SELECTION GUIDE

[Co-formulated by Daniel Kalish, D.C.]*

Multi-Probiotic® Formulations, provided by Douglas Laboratories® and co-formulated by Daniel Kalish, D.C.*, were created to support digestive health, nutrient absorption and immune health.‡

Features and benefits of the Multi-Probiotic® Formulations include:

- 4-16 Probiotic strains of *Lactobacillus*, *Bifidobacterium*, and *Streptococcus*
- Contains clinically studied strains such as *B. lactis* HN019, *B. longum* BB536, and *L. acidophilus*
- A synbiotic blend containing prebiotic and probiotics
- Contains short chain FOS®, a non-gas forming prebiotic fiber
- A patented, cellular matrix proprietary stabilization process aids the freeze-dried probiotic stability
- Formulated with strains that are acid and bile tolerant
- Cell enumeration testing performed to verify potency
- Manufactured for shelf-stability and no refrigeration until after opening

Multi-Probiotic® Formulations**	Features	Benefits‡	Daily Dose (see label for dosing protocol)
Multi-Probiotic® 4 Billion Formula: 202449	<ul style="list-style-type: none"> • 4 Billion CFU per serving • 8 probiotic strains • Prebiotic FOS • Lower potency maintenance formula 	<ul style="list-style-type: none"> • Intestinal/Digestive support • Immune health 	1 Acid-Resistant Capsule
Multi-Probiotic® 15 Billion Formula: 202516	<ul style="list-style-type: none"> • 15 Billion CFU per serving • 8 probiotic strains • Prebiotic FOS • Median potency • Includes <i>B. lactis</i> HN019 clinically researched for immune health in aging adults‡ 	<ul style="list-style-type: none"> • Intestinal/Digestive support • Immune health 	1 Acid-Resistant Capsule
Multi-Probiotic® 40 Billion Formula: 202634	<ul style="list-style-type: none"> • 40 Billion CFU per serving • 16 probiotic strains • Prebiotic FOS • Our highest potency, highest multi-strain formula • Includes <i>B. lactis</i> HN019 clinically researched for immune health in aging adults‡ 	<ul style="list-style-type: none"> • Intestinal/Digestive support • Immune health 	2 Capsules
Multi-Probiotic® Spore + SBC Formula: 202694	<ul style="list-style-type: none"> • 6 Billion CFU per serving • Spore-based probiotic blend • Includes <i>Saccharomyces boulardii</i> (SBC), a nonpathogenic yeast that can support healthy gastrointestinal function and intestinal permeability‡ 	<ul style="list-style-type: none"> • Digestive health • Immune health 	1 Capsule, 1-2 times daily, with food

Visit douglaslabs.com/digestive for more products and information related to the Multi-Probiotic® Formulations Selection Guide.

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**Please note that patients may not require all supplements listed.