

# MUSCULOSKELETAL

Developed with Dr. Jacob Teitelbaum\*

## Protocol Objective:

To support musculoskeletal comfort.‡

CLINICAL OBJECTIVE†	ASSESSMENT	PRODUCT RECOMMENDATIONS*	DOSING
Support healthy joint structure	Normal wear and tear of the joints	<b>Glucosamine Plus™ Extra Strength</b> Formula: GSXV	1 capsule, 3 times daily
Support joint comfort	Daily joint comfort, mobility, resilience	<b>Boswellia-Turmeric Complex</b> Formula: INF	2 tablets daily
Support healthy nerve function	Nervous system assessment and blood glucose levels	<b>Ultra Benfotiamine</b> Formula: 201815	1 capsule, twice daily
		<b>Alpha-Lipoic Acid</b> Formula: LPA	3-6 tablets, twice daily
Support muscle mass and strength	Muscle tissue growth and lean muscle mass	<b>Muscle Protect™ with HMB</b> Formula: 57737P	1-2 scoops daily

\*Please note that patients may not require all supplements listed.

+Dr. Jacob Teitelbaum is a retained advisor for Douglas Laboratories.

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