

# LOWER DIGESTIVE

Developed with Dr. Jacob Teitelbaum<sup>+</sup>

## Protocol Objective:

To optimize the intestinal biome.‡

CLINICAL OBJECTIVE <sup>‡</sup>	ASSESSMENT	PRODUCT RECOMMENDATIONS*	DOSING
Support healthy microflora of the gastrointestinal tract	Occasional gas, bloating, diarrhea, sluggish bowel movements	<b>Caprylex™</b> Formula: CAP	2 tablets daily
Support gastrointestinal and immune health		<b>Multi-Probiotic® 40 Billion</b> Formula: 202634	1 capsule daily
Support healthy microbial balance		<b>Ultra MFP Forte</b> Formula: 200803	4 capsules daily, with meals
		<b>Microbiome Fiber</b> Formula: 57732P	1 scoop powder daily

\*Please note that patients may not require all supplements listed.

+Dr. Jacob Teitelbaum is a retained advisor for Douglas Laboratories.

The information contained herein is for informational purposes only and does not establish a doctor-patient relationship.

Available for download at: [douglaslabs.com/protocols](https://douglaslabs.com/protocols)