

# FOUNDATIONAL

Developed with Dr. Jacob Teitelbaum†

## Protocol Objective:

To supply key nutrients for overall foundational health.‡

CLINICAL OBJECTIVE‡	ASSESSMENT	PRODUCT RECOMMENDATIONS*	DOSING
Support all body systems including immune and digestive health	Foundational nutrition support for all adults‡	<b>Ultra Preventive® X</b> Formula: 202331	4-8 tablets daily, with meals
Support various systems including neurological, vision, mood, cardiovascular and joint health		<b>QÜELL® Fish Oil EPA/DHA Plus D</b> Formula: 200981	1 softgel daily
Support gastrointestinal and immune health		<b>Multi-Probiotic® 40 Billion</b> Formula: 202634	1 capsule daily

\*Please note that patients may not require all supplements listed.

†Dr. Jacob Teitelbaum is a retained advisor for Douglas Laboratories.

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