

# MUSCULOSKELETAL | TUNE-UP PROTOCOL<sup>‡</sup>

[ Developed by Dr. Jacob Teitelbaum ]<sup>+</sup>

### Protocol Objective:

To support musculoskeletal comfort.<sup>‡</sup>

Clinical Objective <sup>‡</sup>	Assessment	Select from the Following Recommendations <sup>*</sup>	Dosing
Support healthy joint structure	Normal wear and tear of the joints	Glucosamine Plus™ Extra Strength	1 capsule, 3 times daily
Support healthy nerve function	Support nerve comfort <sup>‡</sup>	Ultra Benfotiamine	1 capsule, twice daily
		Alpha-Lipoic Acid	3-6 tablets, twice daily

\*Please note that patients may not require all supplements listed.

+Dr. Teitelbaum is a retained consultant for Douglas Laboratories.

The information contained herein is for informational purposes only and does not establish a doctor-patient relationship.

Available for download at [douglaslabs.com/tu-protocol-musculoskeletal](https://douglaslabs.com/tu-protocol-musculoskeletal)



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<sup>‡</sup>These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.

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