

# LOWER DIGESTIVE | TUNE-UP PROTOCOL‡

[ Developed by Dr. Jacob Teitelbaum ]<sup>+</sup>

## Protocol Objective:

To optimize the intestinal biome.‡

Clinical Objective <sup>‡</sup>	Assessment	Select from the Following Recommendations <sup>*</sup>	Dosing
Support healthy microflora of the gastrointestinal tract	Occasional gas, bloating, diarrhea, sluggish bowel movements	Caprylex™	2 tablets daily
Support gastrointestinal and immune health		Multi-Probiotic® 40 Billion	1 capsule daily
Support healthy microbial balance		Ultra MFP Forte	4 capsules daily, with meals
		Berberine Balance	1 capsule, twice daily

<sup>\*</sup>Please note that patients may not require all supplements listed.

<sup>+</sup>Dr. Teitelbaum is a retained consultant for Douglas Laboratories.

The information contained herein is for informational purposes only and does not establish a doctor-patient relationship.

Available for download at [douglaslabs.com/tu-protocol-lowerdigestive](https://douglaslabs.com/tu-protocol-lowerdigestive)



[douglaslabs.com](https://douglaslabs.com) | 1.800.245.4440

To order visit us @ [douglaslabs.com](https://douglaslabs.com) or call toll free @ 1-800-245-4440



PUSHING POTENTIAL.

112 Technology Drive  
Pittsburgh, PA 15275 U.S.A.

© 2018 Douglas Laboratories. All rights reserved.

<sup>‡</sup>These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.