

[Developed by Dr. Jacob Teitelbaum]⁺

Protocol Objective:

To supply key nutrients for overall foundational health.[‡]

Clinical Objective [‡]	Assessment	Select from the Following Recommendations [*]	Dosing
Support all body systems including immune and digestive health	Foundational nutrition support for all adults [‡]	Ultra Preventive [®] X	4-8 tablets daily, with meals
Support various systems including neurological, vision, mood, cardiovascular and joint health		QÜELL [®] Fish Oil EPA/DHA Plus D	1 softgel daily
Support gastrointestinal and immune health		Multi-Probiotic [®] 40 Billion	1 capsule daily

^{*}Please note that patients may not require all supplements listed.

⁺Dr. Teitelbaum is a retained consultant for Douglas Laboratories.

The information contained herein is for informational purposes only and does not establish a doctor-patient relationship.

Available for download at douglaslabs.com/tu-protocol-foundational



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[‡]These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.