

[Developed by Dr. Jacob Teitelbaum]⁺

Protocol Objective:

To optimize normal memory and cognitive function.[‡]

Clinical Objective [‡]	Assessment	Select from the Following Recommendations [*]	Dosing
Support acetylcholine production and mental sharpness	Needs support for normal brain processes associated with healthy memory and cognition [‡]	Brain Memory	1 capsule before breakfast and 1 capsule before lunch
Support neurological health		QÜELL® Fish Oil EPA/DHA Plus D	1 softgel daily, with a meal

*Please note that patients may not require all supplements listed.

+Dr. Teitelbaum is a retained consultant for Douglas Laboratories.

The information contained herein is for informational purposes only and does not establish a doctor-patient relationship.

Available for download at douglaslabs.com/tu-protocol-cognitive



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[‡]These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.