

Weight-Less

Support for successful weight management

DESCRIPTION

Weight-Less, provided by Douglas Laboratories, is a unique, synergistic and comprehensive combination of vitamins, minerals, herbals, and other nutrients, carefully formulated and specifically designed to support sensible weight management programs such as those involving consistent, moderate dietary restriction and regular exercise.

FUNCTIONS

Included in the unique formulation of Weight-Less is a high-quality, standardized *Garcinia cambogia* extract. This natural extract comes from a tropical fruit grown in several Asian rain forest areas.

Research shows that (-) hydroxycitric acid helps maintain a healthy balance of hepatic lipogenesis and gluconeogenesis, thus preventing excessive conversion of glucose from dietary carbohydrate into body fat. Further, research indicates that (-) hydroxycitric acid plays an important role in the regulation of normal appetite. Unlike many commonly used diet ingredients, (-) hydroxycitric acid is not a central nervous stimulant.

Chromium is also provided in a significant level by Weight-Less. This essential trace mineral, and vanadium as well, potentiate insulin action and thus influence carbohydrate, protein, and fat metabolism. In its biologically active form, sometimes called glucose tolerance factor (GTF) from brewer's yeast, chromium is associated with nicotinic acid (vitamin B-3). Chromium polynicotinate closely resembles the brewer's yeast GTF in both biological activity and chemical composition as it also contains chromium associated with nicotinic acid. Chromium polynicotinate is yeast-free and has documented high bioavailability. The typical dietary chromium intake in the U.S. can vary considerably depending on eating habits. Most self-selected diets contain less than 50 mcg per day, which is below the minimum of the Estimated Safe and Adequate Daily Dietary Intake established by the National Research Council, Food and Nutrition Board.

Weight-Less also contains several other minerals, vitamins and nutrients including manganese, Vitamin C lecithin and apple cider vinegar which can play important roles in supporting a successful weight-management program.

INDICATIONS

Weight-Less capsules may be a useful dietary supplement for those who wish to have a successful weight management program.

FORMULA (#82923)

6 Capsules Contain:

Garcinia Cambogia	500 mg
(standardized to 50% HCA)	
Chromium GTF.....	200 mcg
(Polynicotinate)	
L-Carnitine	200 mg
Vitamin B-5 (Pantothenic Acid)	200 mg
Vitamin B-6.....	50 mg
(Pyridoxine HCl)	
L-Tyrosine.....	500 mg
Manganese (as Manganese Malate).....	5 mg
Vitamin C	200 mg
Bioflavonoids	100 mg
DL-Phenylalanine	750 mg
Lecithin (soya)	500 mg
Kelp	250 mg
Apple Cider Vinegar.....	100 mg

In a 60 mg proprietary blend of ginger root, fenugreek and cayenne extracts.

SUGGESTED USE

Adults take 1-2 capsules ½ to 1 hour before each meal or as directed by physician.

SIDE EFFECTS

WARNING:

PHENYLKETONURICS:

CONTAINS PHENYLALANINE.

Do not use if you have phenylketonuria (PKU). If

you are pregnant, nursing, or taking any prescription medications or have Parkinson's disease consult with a physician before using this product. Use of Phenylalanine should be limited to less than 2 grams per day.

STORAGE

Store in a cool, dry place, away from direct light.
Keep out of reach of children.

REFERENCES

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**These statements have not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure, or prevent any disease.**

**Manufactured by
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