

Ayur-Boswellia

Support for Regulation of Normal Inflammatory Processes

DESCRIPTION

Ayur-Boswellia, provided by Douglas Laboratories®, supplies 200 mg of standardized Boswellia extract in each gelatin capsule.

FUNCTIONS

Preparations of the Boswellia plant have been used in traditional Indian medicine for joint health for hundreds of years. It is derived from the gum resin of the Indian frankincense plant. Its usefulness is thought to be due to its ability to help support the body's normal inflammatory processes.

The naturally occurring boswellic acids in the plant are thought to be responsible for the tissue-protective actions of this extract. Boswellic acids appear to act by inhibiting of leukotrienes, a class of mediators of the body's inflammatory response. Boswellic acids are reported to increase blood supply to joint tissues, thereby preventing decline of cartilage synthesis. This extract from *Boswellia serrata* resin is standardized to contain a minimum of 65% boswellin.

INDICATIONS

Ayur-Boswellia may be a useful dietary supplement for individuals wishing to supplement their diets with this herb.

FORMULA (#7671)

1 Capsule Contains:

Boswellia serrata extract 200 mg
(standardized to 65% boswellic acids)

SUGGESTED USE

Adults take 1 capsule daily or as directed by physician.

SIDE EFFECTS

No adverse side effects reported.

STORAGE

Store in a cool, dry place, away from direct light. Keep out of reach of children.

REFERENCES

- Ammon HP, Safayhi H, Mack T, Sabieraj J. Mechanism of antiinflammatory actions of curcumin and boswellic acids. *J Ethnopharmacol* 1993;38(2-3):113-119.
- Safayhi H, et al. Boswellic acids: novel, specific, nonredox inhibitors of 5-lipoxygenase. *J Pharmacol Exp Ther* 1992;261
- Safayhi H, Sailer ER, Ammon HP. Mechanism of 5-lipoxygenase inhibition by acetyl-11-keto-beta-boswellic acid. *Mol Pharmacol* 1995;47(6):1212-1216.
- Singh GB, Atal CK. Pharmacology of an extract of salai guggal ex-Boswellia serrata, a new non-steroidal antiinflammatory agent. *Agents Actions* 1986;18(3-4):407-412.

**These statements have not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure, or prevent any disease.**

**Manufactured by
Douglas Laboratories
600 Boyce Road
Pittsburgh, PA 15205
800-245-4440**