

Weight Management Pack

DESCRIPTION

Weight Management Pack, provided by Douglas Laboratories, supplies essential minerals, vitamins, herbs and other nutrients designed to support a healthy weight management program.

FUNCTIONS

Ultra Preventive® III: Ultra Preventive® III now contains Metafolin®, a patented, natural form of (6S) 5-methyltetrahydrofolate (5-MTHF) as well as 500 IU of vitamin D3 per serving. 5-MTHF is the naturally occurring, predominant form of folate commonly found in cells and is essential for overall health, as it participates as a cofactor in a reaction that involves the remethylation of homocysteine to methionine. Unlike synthetic folic acid, 5-MTHF can be used directly by the body, without the need for an additional conversion via the enzyme (5,10-methylenetetrahydrofolate reductase (MTHFR)). In certain populations, the body's ability to convert folic acid to 5-MTHF by use of this enzyme may be compromised due to genetic differences. Metafolin® contains only the S isomer of 5-MTHF and has been shown to be the only form of folate to be able to cross the blood-brain barrier.

Additional vitamin D3 (also known as cholecalciferol) has been added to this formula as numerous scientists now feel that supplementation with vitamin D at levels greater than previously thought necessary is critical to helping maintain overall health.

Nature's Diet Caps + Herbs™: Nature's Diet Caps + Herbs™ provides a combination of *Garcinia cambogia* and chromium, formulated in a base of special herbs, specifically designed to support sensible weight management programs such as those involving consistent, moderate dietary restriction and regular exercise.†

Green Tea Extract Max-V: Green tea (*Camellia sinensis*) has been used for many centuries as a popular beverage worldwide. Interestingly,

green and black teas are made from the same plant, with black tea being created via the oxidation of green tea leaves. The polyphenols contained in tea, often referred to as catechins, appear to provide the primary health promoting benefits associated with green tea.

DEPA: DEPA contains a marine lipid concentrate that has been processed by molecular distillation. DEPA is an excellent source of omega-3 fatty acids, providing eicosapentaenoic acid (EPA) and docosahexaenoic acid (DHA) in their natural triglyceride form. Recent studies indicate that EPA and DHA may play important roles in supporting healthy weight management.†

7 Keto™: The 7-Keto™ metabolite of DHEA is a natural, non-steroidal molecule that is produced in the body from DHEA. This metabolite is chemically different from DHEA and cannot convert back into DHEA in the body. Studies indicate that 7-Keto may be useful in promoting weight loss without the use of stimulants while following an exercise program and healthful diet.† Recent research indicates that 7-Keto may play important roles in activating thermogenic enzymes and promoting weight loss.†

INDICATIONS

Weight Management Pack may be a useful dietary supplement for individuals wishing to support a healthy weight management plan that includes an exercise program and healthful diet.

FORMULA (# 65393)

1 Pack Contains:

Vitamin A.....	12,500 I.U.
(as vitamin A palmitate 5,000 IU and Beta-Carotene 7,500 I.U.)	
Vitamin D3	500 I.U.
Vitamin E (d-alpha tocopheryl succinate) 200 I.U.	
Vitamin C (ascorbic acid, corn-free)	600 mg

Vitamin B1 (thiamine HCl)	50 mg
Vitamin B2 (riboflavin).....	25 mg
Niacin/Niacinamide	95 mg
Pantothenic acid (d-calcium pantothenate).....	250 mg
Vitamin B6	50 mg
(pyridoxine HCl/pyridoxal-5-phosphate)	
Vitamin B12 (on ion exchange resin)	50 mcg
Folate	400 mcg
(as L-methylfolate, Metafolin®)	
Biotin	150 mcg
Choline (citrate/bitartrate)	30 mg
Inositol.....	50 mg
Citrus bioflavonoids	50 mg
PABA (para-amino benzoic acid).....	25 mg
Calcium	250 mg
(Citrate/ascorbate complex)	
Magnesium	250 mg
(As magnesium chelate and aspartate-ascorbate complex)	
Potassium (aspartate complex)	49.5 mg
Zinc (amino acid chelate)	12.5 mg
Manganese (aspartate complex)	10 mg
Iodine (kelp)	100 mcg
Chromium	200 mcg
(organically bound with GTF activity-low allergenicity)	
Selenium	100 mcg
(organic selenium in Krebs* cycle and kelp)	
Molybdenum (Krebs*)	50 mcg
Vanadium (Krebs*)	25 mcg
Boron (aspartate-citrate complex)	0.75 mg
Trace Elements.....	approx 100 mcg
(from sea vegetation)	
L-Cysteine/N-Acetyl-L-Cysteine.....	100 mg
L-Methionine	6.3 mg
Glutamic Acid(from Glutamic Acid HCl)	10 mg
Betaine(from Betaine HC)	57 mg
Garcinia cambogia	500 mg
(as Citrimax™)	
Supplying 250 mg of (-) hydroxycitric acid (HCA)	
Proprietary Blend	200 mg
Guarana, Kola Nut, <i>Eleutherococcus senticosus</i> ,	
Wood Betony, Beet Powder, Cayenne, Gotu	
Kola, Ho Shou Wu and Green tea	
Natural Triglyceride Marine	
Lipid Concentrate	1,000 mg
Providing:	
Eicosapentaenoic Acid (EPA)	180 mg

Docosahexaenoic Acid (DHA)	120 mg
Total Omega-3 Fatty Acids	300 mg
7-Keto™	100 mg
(3-acetyl-7-oxo-dehydroepiandrosterone)	
Green Tea Extract.....	100 mg
(standardized to 50% polyphenols)	
Green tea leaf (non standardized)	100 mg

*Krebs = Citrate, Fumarate, Malate, Glutarate, and Succinate complex

7-Keto™ is a trademark of Humanetics Corporation

Metafolin® is a registered trademark of Merck KGaA, Darmstadt, Germany.

SUGGESTED USE

Adults take 1 pack daily or as directed by a healthcare professional.

SIDE EFFECTS

No adverse effects have been reported.

STORAGE

Store in a cool, dry place, away from direct light. Keep out of reach of children.

REFERENCES

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†These statements have not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure, or prevent any disease.

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You trust Douglas Laboratories.
Your patients trust you.

