

Stress Support Pack

DESCRIPTION

Stress Support Pack, provided by Douglas Laboratories, is a synergistic and comprehensive combination of vitamins, minerals, enzymes, herbals, and other nutrients, carefully formulated and specifically designed to support and boost the function of the body's defenses against stress.[†]

FUNCTIONS

Executive Stress Formula™: Executive Stress Formula™ has been carefully developed to contain the right proportions of vitamins, minerals, trace elements, and other nutrients needed for maintaining optimal health. This includes a special blend of ingredients specifically formulated to offer additional fortification of the body's defenses against oxidative assaults to the structure and function of our body's metabolic systems including its immune system. Scientific research has shown the oxidative damage to the structure and function of the body's tissues, associated with the stresses of modern life, can be attenuated by the various nutrients included in Executive Stress Formula™ such as vitamin E, vitamin C, coenzyme Q-10, reduced glutathione, proanthocyanidins of red grapes, and the herb *Silybum marianum*. Additionally, citrus bioflavonoids, vitamin E, vitamin C, zinc, and selenium provide potent protection against oxidative damage to the structure and function of blood vessels.[†]

GABA: GABA (gamma-aminobutyric acid) is an amino acid that functions as a neurotransmitter in the brain. GABA is synthesized in the brain from another amino acid, glutamate, and functions as an inhibitory neurotransmitter – meaning that it blocks nerve impulses. In the body, GABA is concentrated in the hypothalamus region of the brain and is known to play a role in the overall functioning of the pituitary gland – which regulates growth

hormone synthesis, sleep cycles, and body temperature.[†]

L-Theanine: L-Theanine is a unique amino acid found in green tea. Green tea has traditionally been used for centuries to help promote relaxation. In recent times, L-Theanine has been studied for its use in causing relaxation without drowsiness.[†] In one study, 200 mg of Theanine generated alpha waves in the occipital and parietal regions of the brain. Alpha waves are associated with a state of relaxation without drowsiness.

INDICATIONS

Stress Support Pack may be a useful dietary supplement useful dietary supplement for those who wish to boost their body's defenses against stress.

FORMULA (# 65338)

1 Pack Contains:

Vitamin A.....	20,000 IU
(as Beta-Carotene [15,000 I.U.] and Vitamin A Palmitate, [5,000 I.U.]	
Vitamin D-3	50 I.U.
Vitamin E (Succinate)	200 I.U.
Vitamin C (Ascorbic Acid)	1,000 mg
Vitamin B-1 (Thiamine HCl)	50 mg
Vitamin B-2 (Riboflavin)	25 mg
Niacin/Niacinamide	120 mg
Pantothenic Acid	150 mg
(as d-Calcium Pantothenate)	
Vitamin B-6	25 mg
(as Pyridoxine HCl/Pyridoxal-5-Phosphate Complex)	
Vitamin B-12 (on Ion Exchange Resin) ..	100 mcg
Folic Acid	800 mcg
Biotin	300 mcg
Choline(from Choline Citrate/Bitartrate).....	20 mg
Inositol.....	25 mg
Citrus Bioflavonoid Complex.....	100 mg
PABA (Para-Aminobenzoic Acid)	50 mg

Calcium (Citrate/Ascorbate Complex) 300 mg
 Magnesium 300 mg
 (Aspartate/Ascorbate Complex)
 Potassium (Aspartate Complex) 75 mg
 Zinc (Aspartate Complex) 20 mg
 Copper (Amino Acid Chelate) 2 mg
 Manganese (Aspartate Complex) 15 mg
 Chromium GTF 200 mcg
 (Organically bound with GTF activity-low
 allergenicity)
 Selenium 200 mcg
 (Organic Selenium in Krebs[†] Cycle and Kelp)
 Molybdenum (Krebs[†]) 50 mcg
 Vanadium (Krebs[†]) 25 mcg
 Boron (Aspartate/Citrate Complex)..... 1 mg
 Trace Elements (Sea Vegetation) 100 mcg
 GABA (gamma amino butyric acid)... 1,000 mg
 L-Theanine(Suntheanine[®]) 100 mg
 Proprietary Blend 500 mg
 Ginkgo biloba Extract (minimum 24%
 ginkgo flavonglycosides and 6% terpenes),
 Silymarin (from Silybum marianum), Lemon
 Bioflavonoids, Brown Rice Protein Concentrate
 (hydrolyzed, digestibility 96%), Betaine HCl, L-
 Glycine, NAcetyl- L-Cysteine, SOD/Glutathione
 Peroxidase (Young Wheat Sprouts), L-
 Methionine, Coenzyme Q-10, Proanthocyanidins
 (Red Wine Grapes), Glutamic Acid and L-
 Glutathione (Reduced)

†Krebs=Citrate, Fumarate, Malate, Glutarate
 and Succinate Complex

SUGGESTED USE

Adults take 1 pack daily or as directed by a
 healthcare professional.

†These statements have not been evaluated by the Food and Drug Administration.
 This product is not intended to diagnose, treat, cure, or prevent any disease.

SIDE EFFECTS

Warning: If you are pregnant or breastfeeding,
 or if you are taking any prescription medication,
 consult a healthcare professional prior to use.
 Excessive consumption may impair ability to
 drive or operate heavy machinery. Not
 recommended for consumption with alcoholic
 beverages.

STORAGE

Store in a cool, dry place, away from direct light.
 Keep out of reach of children.

REFERENCES

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 Your patients trust you.

