


Ultra Preventive®

Next-generation easy-to-swallow multiple vitamin tablets –

Essential nutrition for optimal health in a vegetable/fruit food base

DESCRIPTION

Douglas Laboratories® is proud to introduce a new easy-to-swallow version of our Ultra Preventive X tablets. The EZ tablets are smaller-sized and contain a natural vanilla-scented coating.  EZ Easy Swallow Technology™

FUNCTIONS

Studies show that a high percentage of adults in North America and other developed areas eat less than the minimum daily allowance of 10 or more essential nutrients. Adequate amounts and proper balance of these nutrients are needed not only for maintaining good health, but also for the dietary management of the body's structure as well as the optimum functioning of its various systems, including the immune and gastrointestinal systems.

Ultra Preventive® X has been carefully developed to contain the right proportions of vitamins, minerals, trace elements, and other nutrients without danger of toxic build-up or other side effects. Each ingredient is selected in consideration of its absorbability, competitive relationship with other nutrients, allergenic potential, and long-term safety. Certain nutrients such as beta-carotene, vitamin C, vitamin E, and B-complex vitamins are included in high-potency amounts because of the vital roles they play in antioxidant protection, energy production, the maintenance of healthy blood cells, the nervous system, hormonal balance, and more. Minerals and trace elements are provided in their safest and most bioavailable forms.

Ultra Preventive® X now contains Metafolin®, a patented, natural form of (6S) 5-methyltetrahydrofolate (5-MTHF) as well as 1,000 IU of vitamin D3 per serving. 5-MTHF is the naturally occurring, predominant form of folate commonly found in cells and is essential for overall health, as it participates as a cofactor in a reaction that involves the remethylation of homocysteine to methionine. Unlike synthetic folic acid, 5-MTHF can be used directly by the body, without the need for an additional conversion via the enzyme (5,10 methylenetetrahydrofolate reductase (MTHFR)). In certain populations, the body's ability to convert folic acid to 5-MTHF by use of this enzyme may be compromised due to genetic differences. Metafolin® contains only the S isomer of 5-MTHF and has been shown to be the only form of folate to be able to cross the blood-brain barrier. Additional vitamin D3 (also known as cholecalciferol) has been added to this formula as numerous scientists now feel that supplementation with vitamin D at levels greater than previously thought necessary is critical to helping maintain overall health.

Ultra Preventive® X's herbal green food base also includes important phytonutrients. Gluten-free grasses and several varieties of microalgae supply chlorophyll, carotenes, B-vitamins, and trace elements. Cruciferous vegetables, broccoli and cauliflower, offer protective sulfurophane compounds known for their ability to induce protective phase 2 detoxifying enzymes.

INDICATIONS

Ultra Preventive® EZ tablets may be a useful dietary supplement for those who wish to consume the essential nutrients for health in an easy-to-swallow tablet.

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FORMULA (# 200911)

Eight Tablets Contain:

Vitamin A.....	15,000 I.U.
(33% as Vitamin A Palmitate [5,000IU]/67% [10,000 IU] as Natural Beta-Carotene) from D. Salina with full spectrum carotenoids**)	
Vitamin C	700 mg.
(as Ascorbic Acid/Ascorbyl Palmitate/ Calcium and Magnesium Ascorbate complex)	
Vitamin D-3	1,000 I.U.
Vitamin E	400 I.U.
(natural, as d-alpha tocopheryl plus mixed tocopherols)	
Thiamine	100 mg.
Riboflavin	50 mg.
Niacin/Niacinamide	190 mg.
Niacin/Niacinamide	95 mg.
Vitamin B-6	100 mg.
(as Pyridoxine HCl/ Pyridoxal-5-Phosphate Complex)	
Folate	800 mcg.
(as L-methylfolate, Metafolin®)	
Vitamin B-12	250 mcg.
(as methylcobalamin)	
Biotin	300 mcg.
Pantothenic Acid	500 mg.
(as d-Calcium Pantothenate)	
Calcium	100 mg.
(as Calcium Citrate/Ascorbate Complex)	
Iodine (from kelp)	200 mcg.
Magnesium	100 mg.
(as Magnesium Aspartate/Ascorbate Complex)	
Zinc	25 mg.
(as Zinc Amino Acid Chelate)	
Selenium	200 mcg.
(as Selenium Krebs*/Kelp complex)	
Copper(as Copper Amino Acid Chelate).....	2 mg.
Manganese	10 mg.
(as Manganese Aspartate Complex)	
Chromium	200 mcg.
(Organically bound with GTF activity—low allergenicity)	
Molybdenum	100 mcg.
(as Molybdenum Krebs*)	
Potassium	99 mg.
(as Potassium Aspartate Complex)	
Lutein (natural).....	6 mg.
Lycopene (natural).....	6 mg.
Zeaxanthin	1 mg.



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Inositol.....	100 mg.
Trace Elements.....	approx. 100 mcg.
(from Sea Vegetation)	
Choline.....	60 mg.
(from 150 mg Choline Citrate/Bitartrate)	
PABA.....	50 mg.
(para-aminobenzoic acid)	
Boron.....	1.5 mg.
(as Boron Aspartate/Citrate complex)	
Vanadium.....	50 mcg.
(as Vanadium Krebs*)	
L-Cysteine/N-Acetyl	
L-Cysteine.....	150 mg.
Betaine.....	114 mg.
(from 150 mg Betaine HCl)	
Bromelain (2,000 GDU/g).....	50 mg.
Glutamic Acid.....	20 mg.
(from 25 mg Glutamic Acid HCl)	
L-Methionine.....	12.5 mg.
Rose Hips.....	100 mg.
Lemon Bioflavonoids.....	100 mg.
Red Wine Proanthocyanidins/Pine	
Bark Extract.....	50 mg.
(OPC 85) (J.Mesqueler U.S.Patent No. 4,698,360)	
Hesperidin.....	35 mg.
Rutin.....	25 mg.
Fruits and Herbs	
Proprietary Organic Fruit and	
Vegetable Blend.....	700 mg.
Organic beet powder, Organic carrot	
powder, Organic black currant powder,	
Organic blueberry powder, Organic	
broccoli powder, Organic Concord grape	
powder, Organic green cabbage powder,	
Organic Collard greens powder, Organic	
mountain cranberry powder, Organic kale	
powder, Organic Parsley powder, Organic	
pomegranate powder, Organic raspberry	
powder, Organic spinach Powder.	
Garlic.....	100 mg.
(bulb, Pure-Gar®, odorless)	
Cauliflower (entire plant).....	100 mg.
Spirulina.....	100 mg.
Chlorella (broken cell wall).....	100 mg.
Green Papaya Extract.....	100 mg.
(fruit)	
Blackberry (Fruit).....	80 mg.
Celery powder (leaf).....	70 mg.



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Black radish powder (root)	70 mg.	
Apricot powder (fruit).....	70 mg.	
Green Tea Extract (leaf)	50 mg.	
Apple Pectin (fruit)	50 mg.	

Other Ingredients: Cellulose, silica, titanium dioxide, dextrose, magnesium silicate, glycerin, natural caramel color, natural vanilla flavor.

*Krebs = Citrate, Fumarate, Malate, Glutarate and Succinate Complex.

**Including Beta-Carotene, Alpha-Carotene, Zeaxanthin, Cryptoxanthin and additional Lutein and Lycopene.

NOTE – this product is Magnesium Stearate FREE!

Metafolin® is a registered trademark of Merck KGaA, Darmstadt, Germany.

SUGGESTED USE

Adults take 8 tablets daily or as directed by a healthcare professional. This product is best taken with meals in divided doses, such as 4 tablets with 2 largest meals of the day.

SIDE EFFECTS

No adverse effects have been reported.

STORAGE

Store in a cool, dry place, away from direct light. Keep out of reach of children.

REFERENCES

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For more information on Multi-Probiotic 15 Billion, visit douglaslabs.com

† These statements have not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure, or prevent any disease.

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**You trust Douglas Laboratories.
Your patients trust you.**

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