



G.F.S.-2000 Capsules®

Green Food Dietary Supplement



**Douglas
Laboratories®**

270 Capsules

Supplement Facts

Serving Size 9 capsules
Servings Per Container 30

Amount Per Serving	%DV	Amount Per Serving	%DV
Green Food Supplement	4750 mg*	Milk Thistle (seed)	25 mg*
Providing:		(Silybum marianum, 80% silymarin)	
Wheat Grass Juice Powder	200 mg*	Ginkgo biloba (leaf)	20 mg*
Barley Grass Juice Powder	200 mg*	(24% ginkgoflavonglycosides and 6% terpenes)	
Alfalfa Grass Juice Powder	200 mg*	Bilberry (leaf)	20 mg*
Green Papaya (leaf)	200 mg*	(25% anthocyanidins)	
Blue Green Algae:		Proanthocyanidins	20 mg*
Spirulina (leaf)	400 mg*	(as Grape Seed Extract OPC 85+ and Pine Bark Extract OPC 85)	
Chlorella (entire plant) (cracked-cell)	400 mg*	Probiotic Cultures (dairy free)	5 Billion CFU*
Broccoli (entire plant) (freeze-dried powder)	400 mg*	(as L-acidophilus [DDS-1™], L-Rhamnosus, L-Bifidus, S-Lactis, Bifidobacterium longum, B. bifidum and S. thermophilus)	
Cauliflower (entire plant) (freeze-dried powder)	400 mg*	Fructooligosaccharides (FOS)	500 mg*
Lecithin (from soy) (with Phosphatidylcholine)	1000 mg*	NutraFlora™	
Wheat Sprout Powder (gluten-free)	200 mg*	Proprietary Blend	20 mg*
Acerola Juice Powder (berry)	150 mg*	Apple Pectin, Bromelain (lower stem, pineapple plant), Parsley (leaf), Celery (seed) and Watercress (leaf).	
Beet Juice Powder (root)	100 mg*		
Spinach/Octacosanol Powder (leaf)	250 mg*		
Dunaliella salina	25 mg*		
Green Tea Extract (leaf) (standardized to 60% catechins)	25 mg*		

*Daily Value not established.

Other ingredients: Gelatin (capsule) and vegetable stearate.

Manufactured in the USA by:

Douglas Laboratories

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www.douglaslabs.com

DDS-1™ is a trademark of Nebraska Cultures, Inc. by the proprietary processes developed and researched by Dr. Khem Shahani of the University of Nebraska.

This product contains NO yeast, milk/dairy, com, starch, artificial preservatives or flavoring.

Suggested Usage:

As a dietary supplement, adults take 9 capsules daily or as directed by your healthcare professional.

KEEP OUT OF REACH OF CHILDREN.

For optimal storage conditions, store in a cool, dry place. (59°-77°F/15°-25°C) (35-65% relative humidity)

Tamper resistant package,
do not use if outer seal is missing.



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