



# Mexican Wild Yam 10:1 Capsules

A Dietary Supplement



**Douglas  
Laboratories®**

**90 Capsules**

## Supplement Facts

Serving Size 1 Capsule  
Servings Per Container 90

Amount Per Serving	%DV
Mexican Wild Yam Powder (root) (Concentrate 10:1)	100 mg *

\*Daily Value not established.

Other ingredients: Rice protein, gelatin (capsule), cellulose, silica and vegetable stearate.

Manufactured in the USA by:  
**Douglas Laboratories**  
600 Boyce Road • Pittsburgh, PA 15205 USA  
[www.douglaslabs.com](http://www.douglaslabs.com)

This product contains NO yeast, wheat gluten, soy protein, milk/dairy, corn, sodium, sugar, starch, artificial coloring, preservatives or flavoring.

**Suggested Usage:** As a dietary supplement, adults take 1 capsule, 2 to 3 times daily or as directed by your healthcare professional.

**KEEP OUT OF REACH OF  
CHILDREN.**

For optimal storage conditions,  
store in a cool, dry place.  
(59°-77°F/15°-25°C)  
(35-65% relative humidity)  
Tamper resistant package,  
do not use if outer seal is missing.

Formula #7386

