

HEALTHY WEIGHT MANAGEMENT PROTOCOL

A SUGGESTED NUTRITIONAL PROTOCOL FOR HEALTH WEIGHT MANAGEMENT†

7-Keto™:

The 7-Keto™ metabolite of DHEA is a natural, non-steroidal molecule that is produced in the body from DHEA. Studies indicate that 7-Keto™ may be useful in supporting a healthy weight management program without the use of stimulants while following an exercise program and healthful diet.†

Product Code: 99246 **Suggested Usage:** One vegetarian capsule, twice daily

CLA (Conjugated Linoleic Acid):

Recent studies have demonstrated CLA has the ability to support the body's proper metabolism of fat while maintaining muscle mass.†

Product Code: 98336 **Suggested Usage:** Two to four softgels daily

Nature's Diet Caps® + Herbs:

This product combines a special formula of *Garcinia cambogia* and chromium, in a base of herbs, specifically designed to support sensible weight management programs such as those involving consistent, moderate dietary restriction and regular exercise.

Product Code: 7442 **Suggested Usage:** One capsule with 8 ounces of water, 30-60 minutes before each meal

Gly-Sea-Max™:

Combines brown seaweed extract and a unique potato protein extract to support satiety, fullness, and a decrease in the normal blood glucose response to a meal.†

Product Code: 99610 **Suggested Usage:** Two vegetarian capsules daily, 30-60 minutes before a meal

IF ADDITIONAL SUPPORT IS NEEDED:

Super Hydroxy Max:

A unique, synergistic and comprehensive combination of vitamins, minerals, herbs, and other nutrients, carefully formulated and specifically designed to support sensible weight management programs such as those involving consistent, moderate dietary restriction and regular exercise.

Product Code: 81091 **Suggested Usage:** One tablet daily

FOR COMPLETE WEIGHT MANAGEMENT SUPPORT:†

Metabolic Management Pack:

A comprehensive combination of essential minerals, vitamins, herbs, and other nutrients designed to support a healthy weight management program. Each pack contains: 2 Nature's Diet Caps®+Herbs capsules, 2 Conjugated Linoleic Acid softgels, 2 Relora®-Plex vegetarian capsules, 2 Opti-EPA™ enteric-coated softgels and 1 7-Keto™ vegetarian capsule.

Product Code: 64032 **Suggested Usage:** One pack daily



† These statements have not been evaluated by the FDA. These products are not intended to diagnose, treat, cure or prevent any disease.