

# MENOPAUSE SUPPORT PROTOCOL

A SUGGESTED NUTRITIONAL PROTOCOL FOR MENOPAUSE†

## **Meno-Support Formula™:**

A combination of vitamins, minerals, herbs, and other nutrients, specifically designed to offer intensive support for the healthy functioning of the body, especially during the natural changes in the structure and function of a woman's body that are caused by the hormonal variations during aging.†

**Product Code:** 84073      **Suggested Usage:** Two tablets, twice daily with meals

## **UltraCAL:**

This product is specifically designed to provide significant amounts of calcium, magnesium, vitamin D and other bone supportive nutrients which are especially important during the menopausal years.

**Product Code:** 88050      **Suggested Usage:** One tablet, twice daily

## **BONISTEIN™-Max:**

Unique soft capsules contain an exclusive patent-pending blend of pure genistein (not from soy), vitamin D3, vitamin K and omega-3 fatty acids from ultra pure fish oil to help maintain bone health.

**Product Code:** 99599      **Suggested Usage:** Two soft capsules daily

## **Varitonin™:**

Varitonin contains a blend of vitamin C, hesperidin methyl chalcone, and standardized extracts of horse chestnut, butcher's broom, and gotu kola, especially useful to enhance overall vascular tone, fluid balance and circulation to the legs.†

**Product Code:** VRT      **Suggested Usage:** One to two vegetarian capsules daily

## **Testo-Gain™:**

A synergistic combination of phytoandrogens, androgenic adaptogens and other herbs designed to help promote optimal testosterone-producing glands and by supporting the healthy functions of testosterone-responsive tissues.†

**Product Code:** 99094      **Suggested Usage:** Three capsules daily with meals

## **Testo-Quench™:**

An herbal combination designed to support the healthy function of skin, hair, heart, breasts, vagina and other testosterone-sensitive tissues in women.†

**Product Code:** 99093      **Suggested Usage:** Three capsules daily with meals

## **Estro-Mend™:**

A synergistic blend of herbs and other nutrients designed to support healthy estrogen function.†

**Product Code:** 99260      **Suggested Usage:** Three capsules daily with meals

## **Progesto-Mend™:**

A combination of phytoprogestones, progestogenic adaptogens, and other herbs that support optimal progesterone function by maintaining the health of progesterone-producing glands and by supporting the healthy function of progesterone-responsive tissues.†

**Product Code:** 99092      **Suggested Usage:** Three capsules daily with meals



† These statements have not been evaluated by the FDA. These products are not intended to diagnose, treat, cure or prevent any disease.