

JOINT HEALTH SUPPORT PROTOCOL

A SUGGESTED NUTRITIONAL PROTOCOL FOR JOINT HEALTH†

Flex H.A.™:

As joints age, hyaluronic acid, the fluid that provides lubrication between joints and connective tissue, can begin to break down, lose its bulkiness or leak from the joints.† Each Flex H.A. tablet contains 30 mg. of non-animal hyaluronic acid to support healthy joint function.†

Product Code: 99154 **Suggested Usage:** One to two tablets daily

Wobenzym® N:

This well known, clinically studied enzyme preparation is designed to promote healthy joints and muscles, support healthy circulation, strengthen the immune system and support healthy aging.†

Product Code: 99975 **Suggested Usage:** Three tablets, Two times daily at least 45 minutes before meals

Resvera-Gold®:

Resvera-Gold® is a synergistic blend of herbs, including resveratrol - a derivative of grape vine shoots, designed to help modulate the body's normal response. Many ingredients found within this formula can naturally support the activity of enzymes such as cyclooxygenase-2.†

Product Code: 8500 **Suggested Usage:** Two vegetarian capsules daily

THE FOLLOWING PRODUCTS CAN BE USED IN CONJUNCTION WITH THE JOINT HEALTH SUPPORT PROTOCOL:

RheumaShield®:

A supplement containing undenatured type II collagen from chicken sternum cartilage that can be beneficial for maintaining joint structure.†

Product Code: 8503 **Suggested Usage:** One capsule before bedtime, on an empty stomach, with 8 ounces of water

Ultra Joint Forte:

A synergistic blend of nutrients formulated to support and maintain healthy cartilage and connective tissues.† Ultra Joint Forte contains: glucosamine, chondroitin, MSM®, and astaxanthin.

Product Code: 99075 **Suggested Usage:** One tablet, three times daily

FOR COMPLETE JOINT SUPPORT:†

Joint Health Pack:

A combination of several joint-supportive products in two convenient packages. Joint Health Pack supplies essential vitamins, minerals, herbs, and other nutrients, including hyaluronic acid and systemic enzymes, designed to support the entire joint and musculoskeletal system.† Pack #1 contains: 2 Rehab Support Formula™ multivitamin tablets, 2 Resvera-Gold® vegetarian capsules, 3 Ultra Joint Forte tablets, 1 Flex H.A.™ hyaluronic acid tablets. Pack #2 contains: 3 Wobenzym® N tablets.

Product Code: 64042 **Suggested Usage:** Two packs daily

† These statements have not been evaluated by the FDA. These products are not intended to diagnose, treat, cure or prevent any disease.

