

# COGNITIVE SUPPORT PROTOCOL

A SUGGESTED NUTRITIONAL PROTOCOL FOR COGNITIVE SUPPORT†

## **Ultra Preventive® X:**

A comprehensive multivitamin in a fruit and vegetable base. Supplies substantial amounts of lutein, lycopene, and zeaxanthin. Designed to provide antioxidants and vitamins for neurological support.†

**Product Code:** 45410      **Suggested Usage:** Four to eight tablets taken through the course of the day with meals

## **Cogni-flex™:**

A unique formula that contains key ingredients, including Huperzine A, for optimal brain function.†

**Product Code:** 83915      **Suggested Usage:** One capsule daily

## **Phosphatidyl-SERINE:**

This natural phospholipid can be found in the brain and supports normal nerve transmission and function.†

**Product Code:** 83004      **Suggested Usage:** One capsule daily

## **Vinpocetine:**

A derivative of the periwinkle plant, this product can increase blood flow to the brain and improve the brain's use of oxygen.† Vinpocetine has been shown to support normal memory function.†

**Product Code:** 8502      **Suggested Usage:** One capsule daily with a meal

## **Citrus Solu-Q™:**

Novel liquid-filled Caplique™ containing natural coenzyme Q10 in a patented, self-assembling, nano-colloid delivery system for enhanced absorption.

**Product Code:** 200054      **Suggested Usage:** One Caplique™ daily

## **NeuroTone®:**

A broad-spectrum supplement providing a wide range of nutrients including carnitine, DHA, DMAE and *Ginkgo biloba*, designed to support healthy brain function.†

**Product Code:** NRT      **Suggested Usage:** Two to four tablets daily

**FOR COMPLETE COGNITIVE SUPPORT:†**

## **Memory Pack**

A synergistic and comprehensive combination of ingredients designed to support normal memory processes and brain function.† Each pack contains: 4 Ultra Preventive® X multivitamin tablets, 1 Phosphatidyl-SERINE capsule, 2 Opti-DHA™ enteric-coated softgels, 2 Alpha-GPC vegetarian capsules and 1 Vinpocetine vegetarian capsule.

**Product Code:** 64035      **Suggested usage:** One pack daily with meals



† These statements have not been evaluated by the FDA. These products are not intended to diagnose, treat, cure or prevent any disease.