

# Lipex™

## A Potent Fiber Supplement Plus Lecithin

### DESCRIPTION

Lipex™, provided by Douglas Laboratories®, is a unique professional formula containing naturally occurring dietary fibers, including carrageenan and guar gum, as well as lecithin and other nutrients important in fat and cholesterol metabolism.

### FUNCTIONS

Certain dietary fibers play important roles in the body's metabolism of cholesterol and bile acids. Although not an essential nutrient, dietary fiber is a food component which the human alimentary tract has become accustomed to during evolution. Adequate fiber intake is necessary to maintain not only gastrointestinal health but also certain aspects of normal lipid metabolism. The body has learned to depend on the natural ability of dietary fiber to bind bile acids and cholesterol, thus preventing their intestinal absorption or reabsorption. Lipex contains two types of water-soluble dietary fiber that are especially useful in regulating cholesterol metabolism this way: carrageenan and guar gum. Each of the ingredients of Lipex is specifically selected and quality tested to provide a unique, synergistically active formula: Carrageenan and guar gum work together to bind bile acids and cholesterol. Lecithin (soya) plays a key role in the emulsification and mobilization of fats and cholesterol. Niacin and vitamin B6 support the proper metabolism of fat and cholesterol. Silicon supports healthy connective tissue by functioning as a biologic cross-linking agent. Papain ensures complete digestion of dietary proteins and peptides. EDTA stabilizes the product to ensure full potency over time.

### INDICATIONS

Lipex is a useful dietary supplement for individuals who wish to increase their dietary fiber and lecithin intake in order to support healthy metabolism of fat and cholesterol. For best results, Lipex should be used in conjunction with an appropriate diet and exercise program.

### FORMULA (#LP1)

1 Tablet Contains:

Vitamin C (as L-ascorbic acid).....	5 mg
Vitamin E.....	5I.U.
(as d-alpha tocopheryl succinate)	
Niacin.....	10mg
Vitamin B6.....	10mg
( as pyridoxine hydrochloride)	
Calcium.....	46mg
( as calcium sodium EDTA complex)	
Sodium.....	13mg
( as calcium sodium EDTA complex)	
Lecithin (from soy).....	450mg
Phosphatidylcholine.....	116mg
Phosphatidylethanolamine.....	91mg
Phosphatidylinositol.....	58mg
Carageenan ( from seaweed).....	440mg
Guar Gum.....	100mg
Calcium disodium EDTA.....	100mg
Papain ( from papaya).....	50mg
Silicon ( as silicon dioxide).....	20mg

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#### **SUGGESTED USE**

Adults take 1-6 tablets daily or as directed by physician. This product is best taken with food and at least 8oz of water or other liquid.

#### **SIDE EFFECTS**

No adverse side effects have been reported.

#### **STORAGE**

Store in a cool, dry place, away from direct light. Keep out of reach of children.

#### **REFERENCES**

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**For more information on Lipex™ visit [douglaslabs.com](http://douglaslabs.com)**

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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Your patients trust you.**