Borage Seed Oil
High potency source of gamma-linolenic acid

DESCRIPTION
Douglas Laboratories’ Borage Seed Oil is an excellent source of the important gamma-linolenic acid (GLA) providing 210 mg of GLA per softgel. Douglas Laboratories’ Borage Seed Oil softgels are manufactured using only 100% vegetable oil from borage seeds (Borago officinalis). The oil is cold-processed and handled carefully to avoid any oxidation, as indicated by consistently low peroxide values. No solvents such as hexane are used during the extraction and processing.

FUNCTIONS
Typical diets in developed countries deliver large amounts of saturated fatty acids and the polyunsaturated omega-6 linoleic and arachidonic acids. Dietary linoleic acid (18:2 omega-6) is a precursor to arachidonic acid (20:4) which in turn is a precursor for pro-inflammatory immune mediators, the 2-series prostaglandins, thromboxanes and leukotrienes. Although GLA is a precursor of arachidonic acid, it also competes with arachidonic acid effectively, and may help downregulate the formation of excessive levels of pro-inflammatory 2-series prostaglandins and other immune mediators.

INDICATIONS
Borage Seed Oil may be a useful dietary supplement for those who wish to increase their intake of gamma-linolenic acid.

FORMULA (BOR)
Each softgel contains:
Omega-6 fatty acids ........................................................................................................... 580mg
Linoleic acid............................................................................................................................ 370mg
Gamma-Linolenic Acid (GLA) ............................................................................................. 210mg
Omega-9 fatty acids (as oleic acid) ...................................................................................... 150mg

SUGGESTED USE
One softgel daily as a dietary supplement, or as directed by your healthcare professional.

SIDE EFFECTS
No adverse side effects have been reported.

STORAGE
Store in a cool, dry place, away from direct light. Keep out of reach of children.
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REFERENCES


For more information on Borage Seed Oil visit douglaslabs.com

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.