Policosanol

DESCRIPTION
Policosanol, provided by Douglas Laboratories, supplies 10 mg of policosanol from sugar cane wax in each capsule.

FUNCTIONS
Policosanol is comprised of a mixture of several long chain fatty-alcohols including octacosanol, triacontanol and hexacosanol. Studied for the important roles it plays in cardiovascular health, policosanol is increasingly becoming recognized for its use in supporting healthy cholesterol levels already in the normal range.† In humans, randomized double-blind, placebo controlled clinical studies indicated that 5-20 mg of policosanol may provide beneficial effects to serum lipids. While the exact mechanism is still unknown, it is thought to play important roles in the inhibition of cholesterol synthesis, as well as providing antioxidant protection. Policosanol has been tested in thousands of patients, with minimal adverse side effects reported.

INDICATIONS
Policosanol may be a useful dietary adjunct for individuals who wish to support healthy cardiovascular function.

FORMULA (#99251)
Each Vegetarian Capsule Contains:
Policosanol (from sugar cane wax)* .................................. 10 mg

*Slessthanol® brand Policosanol

SUGGESTED USE
Adults take 1 capsule daily with meals or as directed by physician.

SIDE EFFECTS
No adverse side effects have been reported.

STORAGE
Store in a cool, dry place, away from direct light. Keep out of reach of children.
Policosanol

REFERENCES

For more information on Policosanol visit douglaslabs.com

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.