

**Male X BOOSTER Formula
Male Specialties**

DESCRIPTION

Male X BOOSTER Formula of Douglas Laboratories® is a vitamin and herb supplement specifically formulated for a man’s health.

FUNCTIONS

The body requires protein to build muscle and other tissues, and to produce essential compounds such as hormones and enzymes. Therefore, they are vital for proper functioning of all physiological systems, including the nervous, musculo-skeletal, endocrine and immune systems. Some have suggested that increased protein synthesis follows prolonged exercise. Athletes competing in body building or endurance sport may require significantly more protein than the normal requirement. Vitamin E is one of the body’s most important antioxidant nutrients, protecting healthy cells from oxidative and free radical damage. Free radicals are unstable chemicals formed in the body during metabolism and from exposure to environmental pollutants. When an excessive number of free radicals are formed, they can degrade the structure and function of healthy cellular components, especially membrane lipids, proteins, and nucleic acids. Maca has been used for years in South America and is currently gaining attention in the United States. It is used as a general tonic and has significant energy, stamina, and endurance enhancing properties. As a vasodilator, Ginkgo biloba, may provide the same result, as well as improving libido. The leaves of the Damiana shrub (*Turnera diffusa*) were traditionally used as an aphrodisiac by the Mayan Indians of Central America. Although used as a restorative herb for women’s reproductive functions, damiana has been principally seen as an herb for treatment of male impotence. Native to the Brazilian rainforests, the tree Muira puama (potency wood) has been used by Amazonian Indians as a nerve tonic and aphrodisiac. Horny Goat Weed has been used traditionally to support sexual health and well-being.

INDICATIONS

Male X BOOSTER Formula may be a useful dietary adjunct for men who wish to supplement their diet with those nutrients important for male health.

FORMULA (#99248)

Protein.....1,100 mg
(as Fortified Soy Protein)
Vitamin E.....40 I.U.
(as natural d-alpha tocopheryl succinate)
Inosine.....100 mg
Proprietary Blend.....1,876 mg
Muirapuama, Maca extract (root), Horny Goat weed
(aerial parts), Deer Antler Velvet, Ginkgo biloba, Damiana,
Cayenne, Oats (*Avena sativa*), Ginseng (*Panax ginseng*),
Caltrop (*Tribulus terrestris*)

SUGGESTED USE

Adult males take 2 to 4 capsules 30 to 60 minutes before sexual activity or as directed by physician.

SIDE EFFECTS

No adverse side effects have been reported.

STORAGE

Store in a cool, dry place, away from direct light. Keep out of reach of children.

Male X BOOSTER Formula Male Specialties

REFERENCES

Adaikan PG, Gauthaman K, Prasad RN, et al. Proerectile pharmacological effects of Tribulus terrestris extract on the rabbit corpus cavernosum. *Ann Acad Med Singapore* 2000;29:22-6.

Adimoelja A. Phytochemicals and the breakthrough of traditional herbs in the management of sexual dysfunctions. *Int J Androl* 2000;23:82-4.

Bucci LR. Selected herbals and human exercise performance. *Am J Clin Nutr* 2000;72:624S-36S.

Cohen AJ, Bartlik B. Ginkgo biloba for antidepressant-induced sexual dysfunction [see comments]. *J Sex Marital Ther* 1998;24:139-43.

Kim HJ, Woo DS, Lee G, et al. The relaxation effects of ginseng saponin in rabbit corporal smooth muscle: is it a nitric oxide donor? *Br J Urol* 1998;82:744-8.

Nocerino E, Amato M, Izzo AA. The aphrodisiac and adaptogenic properties of ginseng. *Fitoterapia* 2000;71 Suppl 1:S1-S5.

For more information on Male X BOOSTER visit douglaslabs.com

† These statements have not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure, or prevent any disease.

Manufactured by
Douglas Laboratories
600 Boyce Road
Pittsburgh, PA 15205
800-245-4440
douglaslabs.com



**You trust Douglas Laboratories.
Your patients trust you.**

© 2012 Douglas Laboratories. All Rights Reserved