

SAM-e

Support for Joints, Liver health, Neurotransmitters and Methylation†

DESCRIPTION

SAM-e tablets provided by Douglas Laboratories® deliver 200 mg of S-adenosyl-methionine in an enteric-coated form for added stability.

FUNCTIONS

SAM-e (S-adenosyl-methionine) has been shown to be efficacious in supporting numerous aspects of health. Although SAM-e, as a methyl donor, participates in a wide variety of biochemical reactions, it can provide important support for the healthy functioning of joints, neurological processes and the liver. †

SAM-e's joint support lies not only in its ability to help regulate the body's normal physiological processes, but also on its putative participation in proteoglycan synthesis and joint cartilage synthesis. † SAM-e is thought to function physiologically as a signal of sulfur availability. Some suggest that supplemental S-adenosyl-methionine may compensate for the decreased SAM-e levels in chondrocytes induced by the cytokine interleukin-1, and thus upregulate the chondrocyte's synthesis of joint proteoglycans.

As a major source of methyl groups in the brain, SAM-e, in conjunction with other methyl donor metabolites such as betaine, choline, or folate, may optimize the synthetic/degradative rate of neurotransmitters, i.e. serotonin and dopamine, and the brain's sensitivity to them. With few side effects SAM-e has been shown in controlled trials to offer tangible support for healthy neurological functioning. †

As a hepato-protective compound, SAM-e has been shown to be useful to support the body's response to adverse biochemical alterations induced by lead and/or alcohol exposure. This characteristic of SAM-e's activity is also effective in protecting the central nervous system. SAM-e can be an integral part of a hepato-protective therapeutic regimen. Other studies have indicated that SAM-e may optimize a healthy flow of bile to the gastrointestinal tract. †

INDICATIONS

SAM-e tablets may be a useful nutritional supplement for individuals looking for support of joints, mental health, or liver health.†

FORMULA (#98304)

Each Tablet Contains:

S-Adenosyl-methionine (S-Adenosyl-methionine disulfate tosylate) 200 mg
(Enteric-Coated for stability)

Other ingredients: Microcrystalline cellulose, mannitol, croscarmellose sodium, glycerol behenate, silica, vegetable stearate

Coating ingredients: methacrylic acid copolymer, glycerol palmitostearate, medium chain triglycerides, titanium dioxide, silica, talc, triethyl citrate, and yellow iron oxide

SUGGESTED USE

Adults take one tablet daily or as directed by a healthcare professional.

SIDE EFFECTS

No adverse side effects have been reported.

STORAGE

Store in a cool, dry place, away from direct light. Keep out of reach of children.

SAM-e**Support for Joints, Liver health, Neurotransmitters and Methylation†****REFERENCES**

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† These statements have not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure, or prevent any disease.

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**You trust Douglas Laboratories.
Your patients trust you.**