

Move Active™
Once Daily Joint Support†

DESCRIPTION

Move Active™ contains UC-II® collagen with undenatured type II collagen from chicken sternum cartilage in a proprietary blend of Devil's claw and bromelain formulated for optimal joint health as we age.† UC-II® has been shown to support joint comfort, mobility and function in active adults, in just one small capsule daily.†

FUNCTIONS

UC-II® is collagen from chicken sternum cartilage using a patented, non-enzymatic manufacturing process that ensures the activity of *undenatured* type II collagen. Collagen is a fibrous protein secreted by connective tissue and is the prime structural component of skin, bones and joints. It represents close to 25% of all the body's protein. Although about 15 types of collagen have been found in various parts of the body, the type II collagen is distributed primarily in cartilage associated with joints. UC-II's unique mechanism of action works in the small intestine through a process called oral tolerization to help optimize the metabolism of type II collagen in the joints and to modulate cytokine levels. This type of collagen preparation has been shown to maintain the healthy function of active joints.†

Previous clinical studies in humans have demonstrated positive results on joint health and function following UC-II supplementation. A recently published randomized, double-blind, placebo-controlled study investigated the effect of UC-II in healthy subjects on knee flexion and joint comfort during and following strenuous exercise. Published in the Journal of the International Society of Sports Nutrition, researchers reported that subjects consuming 40 mg of UC-II daily for 120 days experienced a significant improvement in average knee extension compared with placebo. Subjects in the UC-II group were also able to exercise longer before they reported joint discomfort compared with those in the placebo group. These data continue to support a role for UC-II in supporting joint function and comfort, especially during and after exercise.† Furthermore, a completed clinical trial currently in preparation for publication showed that UC-II is more effective than placebo and glucosamine HCl plus chondroitin sulfate in supporting knee joint function, comfort, and flexibility.†

INDICATIONS

Move Active™ may be a useful dietary supplement for individuals who wish to support the function of their body's joints with one small capsule daily.

FORMULA (#8503)

One Capsule Contains:
 UC-II® Standardized Cartilage40 mg
 Total Collagen.....10 mg
 Proprietary Blend25 mg
 (Devil's Claw Extract (root) and Bromelain)

Other ingredients: Gelatin (capsule), potassium chloride (stabilizer), microcrystalline cellulose, and vegetable stearate.

UC-II® is a registered trademark of InterHealth N.I.

SUGGESTED USE

Adults take 1 capsule before bedtime on an empty stomach with 8 ounces of water, or as directed by your healthcare professional.

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SIDE EFFECTS

No adverse side effects have been reported.

STORAGE

Store in a cool, dry place, away from direct light. Keep out of reach of children.

REFERENCES

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† These statements have not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure, or prevent any disease.

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Your patients trust you.**