**Prosta-Support Formula™**
Comprehensive Nutrition for Prostate Health

**DESCRIPTION**
Prosta-Support Formula™, provided by Douglas Laboratories, is a synergistic and comprehensive combination of vitamins, minerals, herbals, and other nutrients, carefully formulated and specifically designed to support and maintain general health as well as the health and function of the prostate.

**FUNCTIONS**
Prosta-Support Formula™ contains not only the base formula of Douglas Laboratories’ Ultra Specific series of products that offers intensive support for the healthy functioning of the body in general, but also the Prosta-Support Proprietary Blend providing compounds that work specifically to maintain the structure and function of a healthy prostate.

Saw Palmetto inhibits the conversion of testosterone to its more active, and potentially deleterious form, dihydrotestosterone (DHT), via inhibition of alpha-5-reductase. Saw palmetto not only inhibits the binding of DHT to cellular receptors, but also has alpha1-adrenoceptor-inhibitory properties. Alpha1-adrenoceptor antagonism may be responsible for saw palmetto’s ability to provide support to the urinary tract and prostate. Saw palmetto extracts have also been found to inhibit the biosynthesis of proinflammatory prostaglandins and leukotrienes.

Pygeum extract decreases prolactin and cholesterol levels in the prostate, which in turn decreases uptake and reduces the number of binding sites for testosterone in the prostate. In addition, pygeum extract, like saw palmetto, interferes with the synthesis of proinflammatory prostaglandins. Pumpkin seed and nettles are thought to have similar properties.

Citrus bioflavonoids, vitamin E, vitamin C, zinc, and selenium provide potent antioxidant protection against oxidative damage to the prostate. Vitamin D-3 is reported to inhibit cell proliferation and encourage apoptosis.

**INDICATIONS**
Prosta-Support Formula™ tablets may be a useful dietary supplement for men who wish to maintain healthy functioning of their prostate.
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FORMULA (#84074)
Four Tablets Contain:
Vitamin A (Palmitate) .......................................................... 5,000I.U.
Beta-Carotene ................................................................. 15,000I.U.
Vitamin C (Ascorbic Acid) .................................................. 1,000mg
Vitamin D-3 ..................................................................... 50I.U.
Vitamin E (as Vitamin E Succinate) .................................. 200I.U.
Thiamin (as Thiamin HCl) .................................................... 50mg
Riboflavin ....................................................................... 25mg
Niacin/Niacinamide .......................................................... 120mg
Vitamin B-6 (as Pyridoxine HCl/Pyridoxal-5-Phosphate Complex) ........................................ 25mg
Folic Acid ........................................................................ 800mcg
Vitamin B-12 (on Ion Exchange Resin) ............................. 100mcg
Biotin ............................................................................. 300mcg
Pantothenic Acid (as d-Calcium Pantothenate) ................ 150mcg
Calcium (from Calcium Citrate/Ascorbate/Carbonate Complex) ........................................ 300mg
Magnesium (from Magnesium Aspartate/Ascorbate/Oxide Complex) .................................. 300mg
Zinc (from Zinc Aspartate/Krebs/Oxide Complex) ............ 20mg
Selenium (Organic Selenium from Krebs† Cycle and Kelp) ............................................... 200mcg
Copper (from Copper Amino Acid Chelate) ...................... 2mg
Manganese (from Manganese Aspartate/Sulfate Complex) .................................................. 15mg
Chromium (Organically bound with GTF activity-low allergenicity) .................................... 200mcg
Molybdenum (from Molybdenum Krebs†) .......................... 50mcg
Potassium (from Potassium Aspartate/Chloride Complex) ............................................. 75mg
Choline (from Choline Citrate/Bitartrate) ............................ 20mg
Inositol ........................................................................... 25mg
Citrus Bioflavonoid Complex ......................................... 100mg
PABA (Para-Aminobenzoic Acid) ...................................... 50mg
Vanadium (from Vanadium Krebs†) .................................. 25mg
Boron (from Boron Aspartate/Citrate Complex) ............. 1mg
Trace Elements (from Sea Vegetation) ......................... 100mcg
Prosta-Support Proprietary Blend ................................. 500mg
Saw Palmetto, Pumpkin Seed Powder, Pygeum, Lemon Bioflavonoids, Alfalfa, Buchu, L-Alanine, L-Glutamic Acid, Nettles (standardized), Parsley, Uva-Ursi (standardized) and Beta-Carotene
†Krebs=Citrate, Fumarate, Malate, Glutarate and Succinate Complex

SUGGESTED USE
Adults take 4 tablets daily or as directed by physician. This product is best taken with meals.

SIDE EFFECTS
No adverse side effects have been reported.

STORAGE
Store in a cool, dry place, away from direct light. Keep out of reach of children.
REFERENCES


For more information on Prosta-Support Formula™ visit douglaslabs.com

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.