## Ultra Preventive® Forte Chel™ Cardiovascular Health

### **DESCRIPTION**

Ultra Preventive® Forte Chel™, provided by Douglas Laboratories®, is a comprehensive, highly concentrated vitamin-mineral-trace element supplement containing more than 30 essential nutritional ingredients. Ultra Preventive Forte Chel is a potent antioxidant formula with beta-carotene and natural vitamin E; a high-potency B-complex supplement; a significant source of bioavailable calcium and magnesium; and a full-spectrum trace element supplement. It contains important nutrients for cardiovascular health, including L-carnitine, coenzyme Q10, EDTA and garlic, among many other beneficial nutrients. Ultra Preventive Forte Chel uses only the purest, most hypoallergenic ingredients and contains no yeast; corn; wheat; sugar or other sweeteners; artificial colors, flavors or preservatives.

### **FUNCTIONS**

Studies show that a high percentage of adults in North America and other developed countries eat less than the minimum daily allowance of 10 or more essential nutrients. Adequate amounts and proper balance of these nutrients are needed not only for maintaining good health, but also for the dietary management of the body's structure as well as the optimum functioning of its various systems, including the cardiovascular system. Ultra Preventive Forte Chel has been carefully developed to contain the right proportions of vitamins, minerals, trace elements, and other nutrients without danger of toxic build-up or of side effects. Each ingredient is selected in consideration of its absorbability, competitive relationship with other nutrients, allergenic potential, and long-term safety. Certain nutrients such as beta-carotene, vitamin C, vitamin E and B-complex vitamins are included in high-potency amounts because of the vital roles they play in antioxidant protection, energy production and maintenance of healthy blood cells, nervous system, hormonal balance, and more. Minerals and trace elements are provided in their safest and most bioavailable forms.

Ultra Preventive Forte Chel supplies potent amounts of EDTA, as well as garlic, Ginkgo biloba, hawthorne, L-Carnitine, coenzyme Q10, and other nutrients specifically formulated for maintenance of healthy cardiovascular structure and function. Garlic is rich in a wide spectrum of organic sulfur compounds that can have significant cardiovascular and immuno-supportive effects. L-Carnitine is necessary for fatty acid metabolism and energy production in cardiac and skeletal muscle. Herbs such as hawthorn and ginkgo have vasodilatory effects on the cardiovascular system, lowering the resistance to blood flow in the peripheral vascular system. Coenzyme Q10 is a naturally-occurring antioxidant nutrient which retards free radical formation in biological systems. Numerous studies indicate coenzyme Q10 also plays an important role in the maintenance of the entire cardiovascular system.

### **INDICATIONS**

Ultra Preventive Forte Chel may be a useful dietary supplement for individuals who wish to support the healthy structure and function of the cardiovascular system.

# FORMULA (#83907)

9 Tablets Contain:	
Vitamin A	10,000I.U.
Beta Carotene	15,000I.U.
Vitamin C	3,000I.U.
Vitamin D	100I.U.
Vitamin E(as d-alpha tocopheryl)	800I.U.
Thiamine(Vitamin B-1)	100mg
Riboflavin(Vitamin B-2)	45mg
Niacinamide/Niacin	190mg
Vitamin B-6	95mg
Folic Acid	800mcg

# Ultra Preventive® Forte Chel™ Cardiovascular Health

Vitamin B-12	300 mcg
lodine(from Kelp)	
Magnesium	600mg
(as Magnesium Aspartate/Taurate/Ascorbate complex)	
Zinc(as Zinc Amino Acid Chelate)	
Selenium200	mcg
(Organic Selenium from Selenium amino acid chelate complex)	
Copper	2mg
(as Copper Amino Acid Chelate)	00
Manganese	20mg
(as Manganese Aspartate/Sulfate complex)	200,500
Chromium(as Chromium Polynicotinate)	
Molybdenum	roomicg
Potassium	00ma
(as Potassium Aspartate/Ascorbate Complex)	991119
Riboflavin-5-Phosphate	5ma
Choline	
(from 150 mg of Choline Citrate/Bitartrate)	
Inositol	100ma
Citrus Bioflavonoid Complex	
PABA(para-amino benzoic acid)	
Vanadium	
(as Vanadium Amino Acid Chelate)	9
Boron(as Boron Aspartate/Citrate complex)	3mg
Trace Elements(from Sea Vegetation)	
L-Cysteine	190mg
N-Acetyl L-Cysteine	10mg
Glutamic Acid	
Betaine	114mg
(From 150 mg Betaine HCI)	
Pyridoxine-5-Phosphate	
L-Taurine	
L-Carnitine	
N-Acetyl L-Carnitine	
L-Glutathione(reduced)	
Coenzyme Q-10	
EDTA	
Garlic(deodorized)	
Ginkgo biloba	
Hawthorne	
Ginger	_
Bromelain	
Octocosanol	
0000000101	1,00011109

### Ultra Preventive® Forte Chel™

Cardiovascular Health

### SUGGESTED USE

Adults take 9 tablets daily with meals or as directed by physician.

### SIDE EFFECTS

No adverse side effects have been reported.

### **STORAGE**

Store in a cool, dry place, away from direct light. Keep out of reach of children.

### REFERENCES

Charleux JL. Beta-carotene, vitamin C, and vitamin E: the protective micronutrients. Nutr Rev 1996;54:S109-14.

Cooke JP. Nutriceuticals [sic] for cardiovascular health. Am J Cardiol 1998;82:43S-46S.

Craig WJ. Phytochemicals: guardians of our health. J Am Diet Assoc 1997;97:S199-204.

Craig WJ. Health-promoting properties of common herbs. Am J Clin Nutr 1999;70:491S-499S.

Emmert DH, Kirchner JT. The role of vitamin E in the prevention of heart disease. Arch Fam Med 1999;8:537-42.

Kendler BS. Recent nutritional approaches to the prevention and therapy of cardiovascular disease. Prog Cardiovasc Nurs 1997;12:3-23.

Knight DC, Eden JA. A review of the clinical effects of phytoestrogens. Obstet Gynecol 1996;87:897-904. Langsjoen PH, Langsjoen AM. Overview of the use of CoQ10 in cardiovascular disease. Biofactors 1999;9:273-84.

Leader S, Mallick R. Tapping the savings from vitamin-based prevention. Manag Care Interface 1998;11:95-9. Nagel E, Meyer zu Vilsendorf A, Bartels M, Pichlmayr R. Antioxidative vitamins in prevention of ischemia/reperfusion injury. Int J Vitam Nutr Res 1997;67:298-306.

Overvad K, Diamant B, Holm L, Holmer G, Mortensen SA, Stender S. Coenzyme Q10 in health and disease. Eur J Clin Nutr 1999:53:764-70.

Wood JL, Allison RG. Effects of consumption of choline and lecithin on neurological and cardiovascular systems. Fed Proc 1982;41:3015-21.

### For more information on Ultra Preventive® Forte Chel™ visit douglaslabs.com

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Manufactured by Douglas Laboratories 600 Boyce Road Pittsburgh, PA 15205 800-245-4440 douglaslabs.com



3

You trust Douglas Laboratories. Your patients trust you.