Ultra Preventive® Forte Chel™
Cardiovascular Health

DESCRIPTION
Ultra Preventive® Forte Chel™, provided by Douglas Laboratories®, is a comprehensive, highly concentrated vitamin-mineral-trace element supplement containing more than 30 essential nutritional ingredients. Ultra Preventive Forte Chel is a potent antioxidant formula with beta-carotene and natural vitamin E; a high-potency B-complex supplement; a significant source of bioavailable calcium and magnesium; and a full-spectrum trace element supplement. It contains important nutrients for cardiovascular health, including L-carnitine, coenzyme Q10, EDTA and garlic, among many other beneficial nutrients. Ultra Preventive Forte Chel uses only the purest, most hypoallergenic ingredients and contains no yeast; corn; wheat; sugar or other sweeteners; artificial colors, flavors or preservatives.

FUNCTIONS
Studies show that a high percentage of adults in North America and other developed countries eat less than the minimum daily allowance of 10 or more essential nutrients. Adequate amounts and proper balance of these nutrients are needed not only for maintaining good health, but also for the dietary management of the body’s structure as well as the optimum functioning of its various systems, including the cardiovascular system. Ultra Preventive Forte Chel has been carefully developed to contain the right proportions of vitamins, minerals, trace elements, and other nutrients without danger of toxic build-up or of side effects. Each ingredient is selected in consideration of its absorbability, competitive relationship with other nutrients, allergenic potential, and long-term safety. Certain nutrients such as beta-carotene, vitamin C, vitamin E and B-complex vitamins are included in high-potency amounts because of the vital roles they play in antioxidant protection, energy production and maintenance of healthy blood cells, nervous system, hormonal balance, and more. Minerals and trace elements are provided in their safest and most bioavailable forms.

Ultra Preventive Forte Chel supplies potent amounts of EDTA, as well as garlic, Ginkgo biloba, hawthorne, L-Carnitine, coenzyme Q10, and other nutrients specifically formulated for maintenance of healthy cardiovascular structure and function. Garlic is rich in a wide spectrum of organic sulfur compounds that can have significant cardiovascular and immuno-supportive effects. L-Carnitine is necessary for fatty acid metabolism and energy production in cardiac and skeletal muscle. Herbs such as hawthorn and ginkgo have vasodilatory effects on the cardiovascular system, lowering the resistance to blood flow in the peripheral vascular system. Coenzyme Q10 is a naturally-occurring antioxidant nutrient which retards free radical formation in biological systems. Numerous studies indicate coenzyme Q10 also plays an important role in the maintenance of the entire cardiovascular system.

INDICATIONS
Ultra Preventive Forte Chel may be a useful dietary supplement for individuals who wish to support the healthy structure and function of the cardiovascular system.

FORMULA (#83907)
9 Tablets Contain:
Vitamin A.......................................................... 10,000I.U.
Beta Carotene ......................................................... 15,000I.U.
Vitamin C............................................................... 3,000I.U.
Vitamin D............................................................... 100I.U.
Vitamin E (as d-alpha tocopheryl).............................. 800I.U.
Thiamine (Vitamin B-1)............................................. 100mg
Riboflavin (Vitamin B-2).......................................... 45mg
Niacinamide/Niacin.................................................. 190mg
Vitamin B-6........................................................... 95mg
Folic Acid............................................................. 800mcg
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Vitamin B-12 ................................................................. 100mcg
Biotin ........................................................................ 300 mcg
Pantothenic Acid(as Calcium Pantothenate) ...................... 300mg
Calcium(as Calcium Citrate/Ascorbate complex) .................. 600mcg
Iodine(from Kelp) ............................................................ 200mcg
Magnesium ................................................................ 600mg
(Zinc(as Magnesium Aspartate/Taurate/Ascorbate complex) 30mg
Selenium200 ................................................................ mcg
(Organic Selenium from Selenium amino acid chelate complex)
Copper ........................................................................ 2mg
(as Copper Amino Acid Chelate)
Manganese .................................................................. 20mg
(as Manganese Aspartate/Sulfate complex)
Chromium(as Chromium Polynicotinate) ......................... 200mcg
Molybdenum ................................................................. 100mcg
(as Molybdenum Amino Acid Chelate)
Potassium .................................................................... 99mg
(as Potassium Aspartate/Ascorbate Complex)
Riboflavin-5-Phosphate .................................................. 5mg
Choline ........................................................................ 60mg
(from 150 mg of Choline Citrate/Bitartrate)
Inositol ....................................................................... 100mg
Citrus Bioflavonoid Complex .......................................... 100mg
PABA(para-aminobenzoic acid) ......................................... 50mg
Vanadium ..................................................................... 50mcg
(as Vanadium Amino Acid Chelate)
Boron(as Boron Aspartate/Citrate complex) ...................... 3mg
Trace Elements(from Sea Vegetation) ............................... 100mcg
L-Cysteine .................................................................... 190mg
N-Acetyl L-Cysteine ....................................................... 10mg
Glutamic Acid ................................................................. 25mg
Betaine ......................................................................... 114mg
(from 150 mg Betaine HCl)
Pyridoxine-5-Phosphate ................................................ 5mg
L-Taurine ...................................................................... 250mg
L-Carnitine .................................................................... 200mg
N-Acetyl L-Carnitine ...................................................... 50mg
L-Glutathione(reduced) ................................................. 100mg
Coenzyme Q-10 ............................................................. 30mg
EDTA ............................................................................ 300mg
Garlic(deodorized) ........................................................ 200mg
Ginkgo biloba ................................................................. 40mg
Hawthorne .................................................................... 200mg
Cayenne ....................................................................... 50mg
Ginger .......................................................................... 100mg
Bromelain .................................................................... 1,000mcu
Octocosanol .................................................................. 1,000mcg
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SUGGESTED USE
Adults take 9 tablets daily with meals or as directed by physician.

SIDE EFFECTS
No adverse side effects have been reported.

STORAGE
Store in a cool, dry place, away from direct light. Keep out of reach of children.

REFERENCES
Craig WJ. Health-promoting properties of common herbs. Am J Clin Nutr 1999;70:491S-499S.
Emmert DH, Kirchner JT. The role of vitamin E in the prevention of heart disease. Arch Fam Med 1999;8:537-42.

For more information on Ultra Preventive® Forte Chel™ visit douglaslabs.com

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.