Olive Leaf Extract

DESCRIPTION
Olive Leaf Extract capsules contain significant quantities of phenolic compounds, such as 20% oleuropein, oleuropeoside, and hydroxytyrosol that have been shown to have antioxidant and microbial supportive properties.

FUNCTIONS
The olive tree (Olea europaea) contains a major class of polyphenols, the secoiridoides. These polyphenols, including oleuropein and derivatives, may provide protection in the body and GI tract. Recent studies have demonstrated oleuropein’s growth inhibition of several pathogenic organisms. Other studies have shown that the olive plant’s phenolics can support healthy microbial levels. Olive plant tissue has also been shown to reduce the oxidation of low density lipoproteins (LDL). This effect may explain some of the beneficial effects of a Mediterranean diet. The antioxidant potential of Olea europaea’s polyphenolic compounds, such as oleuropein, may support a healthy vascular system. Animal studies have also demonstrated that dietary oleuropein can not only increase resistance of LDLs to oxidation, but also support plasma levels of total, free, and esterified cholesterol. Other aspects of the olive plant’s cardioprotective properties include its vasodilator effect and its inhibition of platelet aggregation.

INDICATIONS
Olive Leaf Extract may be a useful dietary supplement for those who wish to supplement with this important plant for microbial support or cardiovascular health.†

FORMULA (#83905)
Each Vegetarian Capsule Contains:
Olive Leaf Extract .................................................................................................. 500mg (standardized to 20% oleuropein)

SUGGESTED USE
Adults take 1 capsule daily without food as directed by a healthcare professional.

SIDE EFFECTS
No adverse side effects have been reported.

STORAGE
Store in a cool, dry place, away from direct light. Keep out of reach of children.

REFERENCES
Saenz, MT, Garcia, MD, Ahumada, MC, Ruiz, V. Cytostatic activity of some compounds from the
Olive Leaf Extract

For more information on Olive Leaf Extract visit douglaslabs.com

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.