

**Lipotrol**  
**Cardiovascular Support**

**DESCRIPTION**

Lipotrol is a unique professional formula containing naturally occurring dietary fibers including guar gum, as well as lecithin and other nutrients important in healthy fat and cholesterol metabolism.

**FUNCTIONS**

Certain dietary fibers play important roles in the body’s metabolism of cholesterol and bile acids. Although not an essential nutrient, dietary fiber is a food component which the human alimentary tract has become accustomed to during evolution. Adequate fiber intake is necessary to maintain not only gastrointestinal health but also certain aspects of normal lipid metabolism. The body has learned to depend on the natural ability of dietary fiber to bind bile acids and cholesterol, thus preventing their intestinal absorption or reabsorption. Lipotrol contains guar gum, a type of water-soluble dietary fiber that can be especially useful in regulating healthy cholesterol metabolism.

Each of the ingredients in Lipotrol is specifically selected and quality tested to provide a unique, synergistically active formula:

- Guar gum works to bind bile acids and cholesterol
- Lecithin(soya) plays a key role in the emulsification and mobilization of fats and cholesterol
- Niacin and inositol hexanicinate support the proper metabolism of fat and cholesterol
- Phytosterols can help reduce serum total and low density lipid cholesterol levels
- Bioflavonoids, including rutin, provide support for a healthy circulatory system and are potent antioxidants

**INDICATIONS**

Lipotrol is a useful dietary supplement for individuals who wish to increase their dietary fiber and lecithin intake. For best results, Lipotrol should be used in conjunction with an appropriate diet and exercise program.

**FORMULA (#81158)**

2 Tablets Contain:

Phytosterol Complex .....	150mg
Niacin (Inositol Hexaniacinate).....	338mg
Guar Gum.....	50mg
Lecithin complex (Soya).....	450mg
Chondroitin Sulfate/Mucopolysaccharide Complex.....	175mg
Choline Bitartrate/Citrate.....	150mg
Inositol .....	75mg
Bromelain.....	500 m.c.u.
Bioflavonoids .....	50mg
Rutin .....	5mg
Proprietary blend.....	150mg
Hawthorne Berry, Ginger, Alfalfa, Garlic, L-Carnitine, Taurine, Coenzyme Q-10, Gingko Biloba, Cayenne, Trypsin, and Chymotrypsin	

**SUGGESTED USE**

Adults take 2 tablets twice daily with meals or as directed by a healthcare professional.

**SIDE EFFECTS**

No adverse side effects have been reported.

**STORAGE**

Store in a cool, dry place, away from direct light. Keep out of reach of children.

## Lipotrol

### Cardiovascular Support

## REFERENCES

Anderson JW, Chen WL. Plant fiber: carbohydrate and lipid metabolism. *Am J Clin Nutr* 1979;32:346-363.

Bosello O et al. Effect of guar gum on plasma lipoproteins and apolipoproteins C-II and C-III in patients affected by familial combined hypercholesterolemia. *Am J Clin Nutr* 1984;40:1165-1174.

Ershoff BH, Wells AF. Effects of guar gum, locust bean gum and carrageenan on liver cholesterol of cholesterol-fed rats. *Proc Soc Exp Biol Med* 1962;110:580-582.

Grundy SM et al. Influence of nicotinic acid on metabolism of cholesterol and triglycerides in man. *J Lipid Res* 1981;22:24-36.

Loeven WA. Lipolytic activities of a partially purified enzyme of the elastase complex. *Acta Physiol Pharmacol Neerl* 1967; 14:475-497.

**For more information on Lipotrol visit [douglaslabs.com](http://douglaslabs.com)**

† These statements have not been evaluated by the Food and Drug Administration.  
This product is not intended to diagnose, treat, cure, or prevent any disease.

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