# PhosadyI™

#### DESCRIPTION

Phosadyl™, provided by Douglas Laboratories®, contains significant amounts of phospholipids in a softgel capsule.

## **FUNCTIONS**

Lecithin, from soybeans, can supply important phospholipids including phosphatidylcholine, phosphatidylinositol and phosphatidylethanolamine. Choline, as a component of phosphatidylcholine, is used for synthesis and maintenance of normal cell membranes. Dietary deficiency of choline can result in steep increases in serum enzyme markers of liver injury. Phosphatidylethanolamineand phosphatidylinositol also play important roles in cell memebrane structure and hormonally activated calcium mobilization Additionally, lecithin can play a key role in the emulsification and mobilization of fats and cholesterol.

#### INDICATIONS

Phosadyl may be a useful dietary supplement for individuals who wish to include phospholipids as part of their diet.

## **FORMULA (#7926)**

Each softgel Contains:	
Dhoophatidylabolina	

Phosphatidylcholine	. 420 mg
Phosphatidylinositol	. 30 mg
Phosphatidylethanolamine	. 100 mg

#### SUGGESTED USE

Adults take 1 softgel daily with meals or as directed by a healthcare professional.

## SIDE EFFECTS

No adverse side effects have been reported.

## **STORAGE**

Store in a cool, dry place, away from direct light. Keep out of reach of children.

# PhosadyI™

## **REFERENCES**

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Farquharson J, Jamieson EC, Abbasi KA, Patrick WJ, Logan RW, Cockburn F. Effect of diet on the fatty acid composition of the major phospholipids of infant cerebral cortex. Arch Dis Child. 1995 Mar;72(3):198-203. Fenton WS, Hibbeln J, Knable M. Essential fatty acids, lipid membrane abnormalities, and the diagnosis and treatment of schizophrenia. Biol Psychiatry. 2000 Jan 1;47(1):8-21.

Growdon JH, Wurtman RJ. Dietary influences on the synthesis of neurotransmitters in the brain. Nutr Rev. 1979 May;37(5):129-3

# For more information Pantothenic Acid visit douglaslabs.com

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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You trust Douglas Laboratories. Your patients trust you.

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