

Licorice Root-V (Glycyrrhizin)

DESCRIPTION

Licorice Root-V, provided by Douglas Laboratories, supplies 500 mg of licorice root standardized to 12% glycyrrhizin per each vegetarian capsule.

FUNCTIONS

Licorice has been used in Traditional Chinese Medicine for hundreds of years to support the body, including the gastrointestinal system. It was often used as a demulcent, to soothe and coat the stomach and throat. This product is standardized to provide glycyrrhizin for those who wish to supplement with this natural ingredient. Licorice Root (*Glycyrrhiza glabra L.*) contains a glycoside (glycyrrhizin), flavonoids, asparagine, isoflavonoids, chalcones and coumarins. This extract is standardized to contain 12% glycyrrhizin. If you have or are susceptible to high blood pressure, the deglycyrrhizinated form is recommended

INDICATIONS

Licorice Root-V may be a useful dietary adjunct for individuals wishing to supplement with this popular herb.

FORMULA (#77356)

1 Vegetarian capsule Contains:

Licorice Herbal
Extract (root)..... 500 mg
(*Glycyrrhiza glabra L.*)
Standardized to provide
60 mg glycyrrhizin (12%)

SUGGESTED USE

Adults take 1 capsule, 1 to 2 times daily between meals or as directed by a healthcare professional. If digestive irritation occurs, take with food.

Cautions: Prolonged use of large amounts may lead to higher blood levels of sodium and lower potassium, causing edema, hypertension and heart problems; adrenal depletion may also occur. If you are pregnant or nursing, have a history of renal failure or are currently using cardiac glycosides, consult your health care professional before using this product.

SIDE EFFECTS

No adverse side effects have been reported.

STORAGE

Store in a cool, dry place, away from direct light. Keep out of reach of children.

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REFERENCES

Holtmann G, Madisch A, Juergen H, et al. A double-blind, randomized, placebo-controlled trial on the effects of an herbal preparation in patients with functional dyspepsia [Abstract]. Ann Mtg Digestive Disease Week 1999 May.

Madisch A, Holtmann G, Mayr G, et al. Treatment of functional dyspepsia with a herbal preparation. A double-blind, randomized, placebo-controlled, multicenter trial. [Digestion 2004;69:45-52.](#)

Melzer J, Rosch W, Reichling J, et al. Meta-analysis: phytotherapy of functional dyspepsia with the herbal drug preparation STW 5 (Iberogast). [Aliment Pharmacol Ther 2004;20:1279-87.](#)

Soma R, Ikeda M, Morise T, et al. Effect of glycyrrhizin on cortisol metabolism in humans. *Endocrin Regulations* 1994;28:31–34.

For more information on Licorice Root-V visit douglaslabs.com

† These statements have not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure, or prevent any disease.

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Your patients trust you.**

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