**Gotu Kola Max-V**

**DESCRIPTION**
Gotu Kola Max-V, provided by Douglas Laboratories, supplies 100 mg of standardized Gotu kola extract in each vegetarian capsule.

**FUNCTIONS**
*Centella asiatica*, also known as Gotu Kola, is an herb native to southeast Asia and India. Several saponins, notably asiaticoside, make gotu kola a useful botanical extract for promoting vascular health. Gotu kola can help strengthen the microvasculature, which in turn enhances blood circulation to the legs. Traditionally, gotu kola may also be used to support healthy energy levels and promote relaxation.

**INDICATIONS**
Gotu Kola Max-V may be a useful dietary adjunct for individuals wishing to supplement with this herb.

**FORMULA (#77340)**
1 Vegetarian Capsule Contains:
- Gotu Kola extract (standardized) ................................................................. 100 mg
- Gotu Kola (non standardized) ................................................................. 100 mg

**SUGGESTED USE**
Adults take 1 capsule daily or as directed by physician.

**SIDE EFFECTS**
No adverse side effects have been reported.

**STORAGE**
Store in a cool, dry place, away from direct light. Keep out of reach of children.
Gotu Kola Max-V

REFERENCES


For more information on Gotu Kola Max-V visit douglaslabs.com

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.