Ayur-Guggulipid
A Standardized Ayurvedic Oleo-gum-resin

DESCRIPTION
Ayur-Guggulipid contains 250 mg of Ayurvedic guggul extract from gum resin, standardized to provide
guggulsterones, the key active lipid sterol compounds in guggul. Guggulsterones may support healthy
cholesterol metabolism and other cardiovascular benefits.†

FUNCTIONS
Guggul is an oleo-gum-resin, a secretion that is emitted from incisions in the bark of the Commiphora mukul
tree native to India. This small tree found throughout India has a variety of uses in traditional ayurvedic
medicine. Today, guggul extract is increasing being used to support cardiovascular health, particularly lipid and
cholesterol metabolism. Guggulsterones may inhibit the synthesis of cholesterol in the liver and seem to have
an antioxidant effect on lipids, according to some research. Guggul extract also serves as an antioxidant and
may support normal vascular function. Guggulipid Extract is a concentrated source of guggulsterones Z and
E, ketonic steroid compounds that are responsible for many of the health benefits associated with guggul
extract. Guggulipid Extract contains many other active constituents, including resin, volatile oils, and gums.

INDICATIONS
Guggulipid Extract capsules may be a beneficial nutritional supplement for individuals who wish to support
healthy lipid metabolism.

FORMULA (#7674)
1 Capsule contains:
Guggul gum (Commiphora mukul), dried extract, min. 2.5% guggulsterones Z and E .................. 250 mg

SUGGESTED USE
Adults take 1 capsule 2-4 times daily or as directed by physician.

SIDE EFFECTS
No adverse side effects have been reported.

STORAGE
Store in a cool, dry place, away from direct light. Keep out of reach of children.

REFERENCES
Agarwal RC et al. Clinical trials of gugulipid – a new hypolipidemic agent of plant origin in primary
Kendler BS. Recent nutritional approaches to the prevention and therapy of cardiovascular disease. Prog
Sheela CG, Augusti KT. Antiperoxide effects of S-allyl cysteine sulphoxide isolated from Allium sativum Linn
Singh RB, Niaz MA, Ghosh S. Hypolipidemic and antioxidant effects of Commiphora mukul as an adjunct to
Singh V et al. Stimulation of low density lipoprotein receptor activity in liver membrane of guggulsterone
Verma SK, Bordia A. Effect of Commiphora mukul (gum guggulu) in patients of hyperlipidemia with special
Ayur-Guggulipid
A Standardized Ayurvedic Oleo-gum-resin

For more information on Ayur-Guggulipid visit douglaslabs.com

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.