## Trace Min

### DESCRIPTION

Trace Min, provided by Douglas Laboratories, supplies 200 mg of a trace mineral complex in each capsule.

## **FUNCTIONS**

Minerals play a variety of essential roles throughout the body. It is thought that the typical Western diet may not supply enough trace minerals to support optimal health and wellbeing.

## **INDICATIONS**

Trace Min may be a useful dietary adjunct for individuals wishing to supplement with trace minerals.

## **FORMULA (#7628)**

#### SUGGESTED USE

Adults take 1 to 2 capsules daily or as directed by physician.

## SIDE EFFECTS

No adverse side effects have been reported.

## STORAGE

Store in a cool, dry place, away from direct light. Keep out of reach of children.

# Trace Min

## REFERENCES

Anderson RA. Chromium as an essential nutrient for humans. Regul Toxicol Pharmacol. 1997;26(1 Pt 2):S35-41.

Bronner F, Pansu D. Nutritional aspects of calcium absorption. J Nutr 1999;129:9-12.

Chan S, et al. The role of copper, molybdenum, selenium, and zinc in nutrition and health. Clin Lab Med. 1998;18(4):673-85

Schauss, Alexander. Minerals and Human health: the Rationale for Optimal and Balanced Trace Element Levels. Life Sciences Press: 1995, pp. 1,5

## For more information on Natursyl visit douglaslabs.com

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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