Ultra G.L.A. (Borage Oil)
High potency source of gamma linolenic acid

DESCRIPTION
Douglas Laboratories’ Ultra G.L.A. is an excellent source of the important gamma linolenic acid (GLA) providing 240 mg of GLA per softgel. Douglas Lab’s Ultra G.L.A. softgels are manufactured using only 100% vegetable oil from borage seeds (Borago officinalis), with 10 I.U.s of natural vitamin E for antioxidant protection. The oil is cold-processed and handled carefully to avoid any oxidation.

FUNCTIONS
Typical diets in developed countries deliver large amounts of saturated fatty acids and the polyunsaturated omega-6 linoleic and arachidonic acids. Dietary linoleic acid (18:2 omega-6) is a precursor to arachidonic acid (20:4) which in turn is a precursor for pro-inflammatory immune mediators, the 2-series prostaglandins, thromboxanes and leukotrienes. Although GLA is a precursor of arachidonic acid, it also competes with arachidonic acid effectively, and may help downregulate the formation of excessive levels of pro-inflammatory 2-series prostaglandins and other immune mediators.

INDICATIONS
Douglas Laboratories’ Ultra G.L.A. softgel capsules may be a useful dietary adjunct for those who wish to supplement their diets with gamma-linolenic acid.

FORMULA (#7046)
Each capsule contains:
Borage Seed Oil ........................................... 1,000 mg
Vitamin E ......................................................... 10 I.U.
(d-alpha Tocopherol from mixed Tocopherols)
Providing the Following Fatty Acid Profile:
Gamma Linolenic Acid .................................... 240 mg
Linoleic Acid .................................................. 431 mg
Oleic Acid ...................................................... 228 mg
Stearic Acid ................................................... 52 mg
Hexadecenoic Acid ........................................ 2 mg
Palmitic Acid .................................................. 133 mg
Icosenoic Acid ................................................ 52 mg
Docosenoic Acid ............................................ 32 mg
Tetracosenoic Acid .......................................... 19 mg

SUGGESTED USE
One softgel per day or as directed as physician.

SIDE EFFECTS
No adverse effects have been reported

STORAGE
Store in a cool, dry place, away from direct light. Keep out of reach of children.
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REFERENCES


For more information on Ultra G.L.A. (Borage Oil) visit douglaslabs.com

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.
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