#### Candi-Trol<sup>™</sup> Support for Intestinal Health

#### DESCRIPTION

Candi-Trol<sup>™</sup>, provided by Douglas Laboratories<sup>®</sup>, contains a significant amount of caprylic acid together with other synergistic nutrients meant to support a healthy intestinal microflora. Potassium sorbate is included as a natural stabilizer.

### **FUNCTIONS**

In healthy people, the intestinal microflora consists of balanced amounts of symbiotic microorganisms, providing nutritional benefits to the host. This balance depends on our dietary habits and can easily be disturbed by unhealthy diets or drugs, such as antibiotics and oral contraceptives. Under these conditions, opportunistic pathogenic microorganisms, such as the fungus Candida albicans, can colonize the small and large intestine.

Caprylic acid (octanoic acid), commonly found in foods such as coconut oil, milk fat, etc., is a natural dietary fatty acid which helps maintain a normal intestinal microflora. Studies have shown that dietary caprylic acid helps inhibit the growth of Candida albicans and other opportunistic fungi in both the small and large intestine. At the same time, caprylic acid does not adversely affect the growth of beneficial intestinal bacteria. Dietary zinc, essential for optimum immune function, has been shown to be effective in reducing susceptibility to opportunistic microorganisms, such as Candida, especially in those individuals with compromised immune systems. Studies have described clinical improvement with biotin supplementation of individuals with immune deficiencies associated particularly with carboxylase dysfunction.

Vitamins C and E, together with magnesium and calcium, are included in the formulation to offer metabolic support not only for a healthy immune system, particularly involving the thymus, but also for the maintenance of optimal structure and function of the intestine to help successfully resist opportunistic Candida microorganisms.

### **INDICATIONS**

Candi-Trol<sup>™</sup> tablets may be a useful dietary supplement for those who wish to provide immune support against and support a normal microecology of their intestinal microflora.

# **FORMULA (#7006)**

| Each Tablet Contains:                    |      |
|--|------|
| Vitamin C                                | 25mg |
| Vitamin E                                |      |
| (d-alpha Tocopherol)                     |      |
| Calcium                                  | 60mg |
| Biotin                                   |      |
| Zinc(Aspartate)                          | 5mg  |
| Magnesium(Aspartate)                     |      |
| Caprylic Acid                            |      |
| Potassium Sorbate                        |      |
| (supplying 65 mg of elemental Potassium) | 0    |

### SUGGESTED USE

Adults take 1 tablet 3 times daily or as directed by physician.

### SIDE EFFECTS

No adverse side effects have been reported.

1

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#### STORAGE

Store in a cool, dry place, away from direct light. Keep out of reach of children.

## REFERENCES

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#### For more information on Candi-Trol™ visit douglaslabs.com

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Manufactured by Douglas Laboratories 600 Boyce Road Pittsburgh, PA 15205 800-245-4440 douglaslabs.com



You trust Douglas Laboratories. Your patients trust you.

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