

WEEKS TWO & THREE: DETOX[†]

8 9 10 11 12 13 **14**

Supplement Facts	
Serving Size 1 AM pack Each AM pack contains 4 capsules and 1 tablet Servings Per Container 7	
Amount Per Serving	%DV
Thiamine.....	62.5 mg 4,167%
Riboflavin.....	25 mg 1,471%
Niacin/Niacinamide.....	53.3 mg 267%
Vitamin B-6 (as Pyridoxal-5-Phosphate).....	25 mg 1,000%
Folate (as L-methylfolate, Metafolin) [†]	400 mcg 100%
Vitamin B-12 (as methylcobalamin).....	500 mcg 3,333%
Biotin.....	400 mcg 133%
Pantothenic Acid.....	50 mg 500%
Selenium.....	50 mcg 71%
(Vitamin B-5, as d-calcium pantothenate)	
Wascabi japonica.....	200 mg
(rhizome) (Providing 2,400 mcg of isothiocyanates as Allyl ITC, 3-butenyl ITC, and 4-pentenyl ITC)	
Broccoli powder.....	200 mg
(Standardized to 800 mcg of sulforaphane)	
N-Acetyl-L-Cysteine.....	750 mg
(as Selenomethionine)	
Dietary Sulfur.....	250 mg
(Standardized to 800 mcg of sulforaphane)	
Choline (from Choline Bitartrate).....	225 mg
Garlic (bulb).....	125 mg
Biflavonoid Complex.....	100 mg
Alpha-Lipoic Acid.....	250 mg
Inositol.....	50 mg
Parsley (leaf).....	50 mg
L-Glutathione.....	19 mg
Inositol.....	50 mg
L-Glutathione.....	19 mg
Leucithin Granules (from soy).....	25 mg
Betaine (from Betaine HCl).....	19 mg
Dandelion (leaf) Taraxacum officinale.....	16.6 mg
Turmeric (rhizome) Curcuma longa.....	16.6 mg
Milk Thistle (seed) Silybum marianum.....	16.6 mg
Globe Artichoke (leaf) Cynara scolymus.....	16.6 mg
L-Methionine.....	5 mg
*Daily Value Not Established.	

Other ingredients: Gelatin (capsule), cellulose, vegetable stearate, magnesium silicate, silica, stearic acid and rose hips.
ΔKrebs = Citrate, Fumarate, Malate, Glutarate and Succinate Complex
Metafolin[†] is a registered trademark of Merck KGaA, Darmstadt, Germany.
BroccoPhane[™] is a trademark of Cyxex Nutrition.

[†]This statement has not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

WEEK FOUR: RENEW[†]

22 23 24 25 26 27 **28**

Supplement Facts	
Serving Size 1 PM pack Each PM pack contains 2 tablets and 3 capsules Servings Per Container 7	
Amount Per Serving	%DV
Niacin.....	3.3 mg 17%
Calcium (from Calcium Krebs)/Carbonate.....	150 mg 15%
Iodine (from Potassium Iodide).....	50 mcg 33%
Magnesium (from Magnesium Krebs/Oxide).....	63.3 mg 16%
Zinc (from Zinc Krebs) [†]	6 mg 40%
Selenium (from Selenium Krebs) [†]	66 mcg 94%
Copper (from Copper Krebs) [†]	0.4 mg 20%
Manganese (from Manganese Krebs) [†]	10 mg 500%
Chromium (GTF) [†]	100 mcg 83%
Molybdenum (from Molybdenum Krebs) [†]	16 mcg 21%
Potassium (from Potassium Krebs/Chloride).....	33 mg <1%
N-Acetyl-L-Cysteine.....	500 mg
(Standardized to 800 mcg of sulforaphane)	
Milk Thistle Herbal Extract.....	250 mg
(Seed) (Silybum marianum)	
Choline (from Choline Bitartrate).....	235 mg
Garlic (bulb).....	125 mg
Biflavonoid Complex.....	100 mg
Alpha-Lipoic Acid.....	250 mg
Inositol.....	50 mg
Parsley (leaf).....	50 mg
L-Glutathione.....	19 mg
Leucithin Granules (from soy).....	25 mg
Betaine (from Betaine HCl).....	19 mg
Dandelion (leaf) Taraxacum officinale.....	16.6 mg
Turmeric (rhizome) Curcuma longa.....	16.6 mg
Milk Thistle (seed) Silybum marianum.....	16.6 mg
Globe Artichoke (leaf) Cynara scolymus.....	16.6 mg
L-Methionine.....	5 mg
Boron (from Boron Citrate).....	33 mcg
Bone Form Amino Acids.....	800 mg
Proprietary Blend.....	1 mg
L-Arginine, L-Ornithine, L-Glutamic Acid, L-Aspartic Acid, L-Lysine, Glycine, L-Leucine, L-Isoleucine, L-Threonine, L-Methionine, L-Alanine, L-Serine, L-Tyrosine, L-Cysteine, L-Isoleucine, L-Proline, L-Histidine, L-Phenylalanine.....	
(Organically bound with GTF activity—low allergenicity)	
Molybdenum (as Molybdenum Krebs) [†]	50 mcg 67%
Potassium (as Potassium Aspartate Complex).....	49.5 mg 1%
L-Glutamine.....	1,000 mg
EPA (Eicosapentaenoic acid).....	660 mg
DHA (Docosahexaenoic acid).....	340 mg
L-Cystine/N-Acetyl-L-Cysteine.....	75 mg
Betaine (from Betaine HCl).....	57 mg
Inositol.....	50 mg
Rose Hips.....	50 mg
Lemon Bioflavonoids.....	50 mg
Trace Elements (from Sea Vegetation).....	approx. 50 mcg
Choline (from Choline Citrate/Bitartrate).....	30 mg
Red Wine Proanthocyanidins/Pine Bark Extract.....	25 mg
PABA (para-aminobenzoic acid).....	25 mg

Other ingredients: Cellulose, ultra refined fish oil concentrate (from sardine, anchovy and mackerel), gelatin, vegetable stearate, silica, glycerin, water, rosemary extract, ascorbyl palmitate, mixed tocopherols, ethylcellulose, coconut oil, ammonium hydroxide, sodium alginate and stearic acid.
†Including Beta-Carotene, Alpha-Carotene, Zeaxanthin, Cryptoxanthin and additional Lutein and Lycopene.
ΔKrebs = Citrate, Fumarate, Malate, Glutarate and Succinate Complex
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Metabolic Rejuvenation

Prepare[†] • Detox[†] • Renew[†]

A 28 Day Program

A Dietary Supplement



4 Bottles

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WEEK ONE: PREPARATION[†]

1 2 3 4 5 6 **7**

Supplement Facts	
Serving Size 1 pack • Each Pack contains 5 capsules Servings Per Container 14	
Amount Per Serving	%DV
Total Calories.....	5
Total Carbohydrate.....	1.5 g 1%**
Dietary Fiber.....	1.5 g 6%**
Magnesium.....	150 mg 38%
(from Magnesium Citrate)	
Proprietary Blend.....	1,800 mg *
Psyllium Seed Husks (milled), Cellulose, Citrus Pectin, Lactobacillus acidophilus, Lactobacillus bifidus, Artichoke (leaf)	
**Percent Daily Values are based on a 2,000 calorie diet *Daily Value not established	

Other ingredients: Gelatin (capsule) and vegetable stearate.
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Manufactured by: Douglas Laboratories, 600 Boyce Road, Pittsburgh, PA 15205 USA, www.douglaslabs.com, 1.800.245.4440
Suggested Usage: As a dietary supplement, adults take as directed on each individual bottle or as directed by your healthcare professional.
Week 1 - take 1 pack twice daily
Week 2 and 3 - take 1 AM and 1 PM pack daily
Week 4 - take 2 packs daily
KEEP OUT OF REACH OF CHILDREN.
For optimal storage conditions, store in a cool, dry place. (59°-77° F/15°-25° C) (35-65% relative humidity)
Tamper resistant package, do not use if outer seal is missing.
Component #BX-28DAYDETOX2
Formula # 66841-56X

