Vitality Support Formula
Support for Individuals affected by fatigue†

DESCRIPTION
Vitality Support Formula provided by Douglas Laboratories®, is a unique and comprehensive combination of vitamins, minerals, herbals, and other nutrients, carefully formulated and specifically designed to support and boost the function of the body’s defenses against the stresses imposed by occasional fatigue. †

FUNCTIONS
Studies show that a high percentage of adults in North America and other developed countries eat less than the minimum daily allowance of 10 or more essential nutrients. Adequate amounts and proper balance of these nutrients are needed not only for maintaining good health, but also for the dietary management of the body’s structure as well as the optimum functioning of its various systems, including the immune, hormonal and neuromuscular systems. †The Vitality Support Formula has been carefully developed to contain the right proportions of vitamins, minerals, trace elements, and other nutrients to serve as a foundation to general health and wellness.† Each ingredient is selected in consideration of its absorbability, competitive relationship with other nutrients, allergenic potential, and long-term safety. Certain nutrients such as beta-carotene, vitamin C, vitamin E and B-complex vitamins are included in high-potency amounts because of the vital roles they play in antioxidant support, energy production and the maintenance of healthy blood cells, hormonal balance, and more. †
Vitality Support Formula contains not only essential vitamins and minerals that offer intensive support for the healthy functioning of the body in general, but also a blend of herbs and additional nutrients specifically formulated to support symptoms of occasional fatigue. †

Research suggests that immune enhancing herbs, such as Echinacea, Shiitake mushroom, and Astragalus, as well as those that support adrenal function, such as licorice, may support the body’s immune function that can often be compromised when fatigued. Chamomile may help to reduce the mental stress experienced during periods of decreased immune function. †

INDICATIONS
Vitality Support Formula tablets may be a useful dietary supplement for those who wish to boost their vitality and energy.

FORMULA (#4546)
4 Tablets Contain
Vitamin A (17% as Vitamin A ................................................................. 30,000 IU
Acetate/83% [25,000 IU] as Beta-Carotene)
Vitamin C (Ascorbic Acid/Ascorbate) ........................................... 1000 mg
Vitamin D-3 ....................................................................................... 50 IU
Vitamin E (as Vitamin E Succinate)
Thiamine (as Thiamine mononitrate) ........................................... 50 mg
Riboflavin ......................................................................................... 25 mg
Niacin/Niacinamide ................................................................. 120 mg
Vitamin B-6 (as Pyridoxine HCl/ .................................................. 25 mg
Pyridoxal-5-Phosphate Complex)
Folic Acid ...................................................................................... 800 mcg
Vitamin B-12 (cyanocobalamin) ........................................... 100 mcg
Biotin ............................................................................................. 300 mcg
Pantothenic Acid ................................................................................... 150 mg
(as d-Calcium Pantothenate)
Calcium (from Calcium ................................................................. 300 mg
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Citrate/Ascorbate/Carbonate Complex
Magnesium (from Magnesium) ................................................................. 300 mg
Aspartate/Ascorbate/Oxide Complex
Zinc (from Zinc Krebs/Aspartate/Oxide Complex) ...................................... 20 mg
Selenium (Organic Selenium from Krebs† Cycle and Kelp) .................... 200 mcg
Krebs† Cycle and Kelp
Copper (from Krebs)
Manganese (from Manganese) ................................................................. 15 mg
Aspartate/Sulfate Complex
Chromium (Organically bound with GTF activity-low allergenicity) .... 200 mcg
Molybdenum (from Molybdenum Krebs†) .................................................. 50 mcg
Potassium (from Potassium) ................................................................. 75 mg
Aspartate/Chloride Complex
Choline (from Choline Citrate/Bitartrate) ................................................... 20 mg
Inositol ................................................................................................. 25 mg
Citrus Bioflavonoid Complex ................................................................. 100 mg
PABA (para-Aminobenzoic Acid) ........................................................... 50 mg
Vanadium (from Vanadium Krebs†) ....................................................... 25 mcg
Boron (from Boron) ............................................................................... 1 mg
Aspartate/Citrate Complex
Trace Elements (from Sea Vegetation) ...................................................... 100 mcg

Vitality Support Proprietary Blend ................................................................. 500 mg
Golden Seal (root), Echinacea angustifolia (root), Echinacea purpurea (root), Shiitake mushroom (mycelium) (Lentinus edodes), Chamomile (flower) (German), Burdock (root) (Arctium lappa), Licorice (root) (Glycyrrhiza glabra), Betaine HCl, Ligusticum porteri (root), Radix astragalus (root), Lomatium dissectum (root), Malic Acid, Magnesium Hydroxide, Raw Adrenal Concentrate (bovine), Raw Thymus Concentrate (bovine), N-Acetyl-L-Cysteine/L-Cysteine HCl, L-Methionine, and Glutamic Acid HCl

SUGGESTED USE
Adults take 4 Tablets daily with meals or as directed by a healthcare professional.

SIDE EFFECTS
No adverse side effects have been reported.

STORAGE
Store in a cool, dry place, away from direct light. Keep out of reach of children.
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REFERENCES

For more information on Vitality Support Formula douglaslabs.com

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.