

Ultra Preventive® Teen
with EZ Swallow Technology

DESCRIPTION

Ultra Preventive Teen, provided by Douglas Laboratories®, is unique vitamin-mineral-trace element supplement designed for teenagers. The EZ swallow tablets are naturally coated with a vanilla flavor, and smaller in size than adult tablets. The EZ tablets provide over 30 vitamins, minerals, trace elements and other nutrients in bioavailable forms, such as Metafolin®, the bioactive form of folate.

FUNCTIONS

Studies show that a high percentage of children in North America and other developed countries eat less than the minimum daily allowance of many essential nutrients. Adequate amounts and proper balance of these nutrients are needed not only for maintaining good health, but also for satisfying the special nutritional demands of growth and development during childhood. Ultra Preventive Teen has been carefully designed and formulated to contain the right proportions of vitamins, minerals, and trace elements without danger of toxic build-up and without side effects. Each ingredient is selected in consideration of its absorbability, competitive relationship with other nutrients, allergenic potential, and long-term safety.

Metafolin® or 5-MTHF is the naturally occurring, predominant form of folate commonly found in cells and is essential for overall health, as it participates as a cofactor in a reaction that involves the remethylation of homocysteine to methionine. Unlike synthetic folic acid, 5-MTHF can be used directly by the body, without the need for an additional conversion via the enzyme (5,10-methylenetetrahydrofolate reductase (MTHFR)). In certain populations, the body's ability to convert folic acid to 5-MTHF by use of this enzyme may be compromised due to genetic differences. Metafolin® contains only the S isomer of 5-MTHF and has been shown to be the only form of folate to be able to cross the blood-brain barrier.

INDICATIONS

Ultra Preventive Teen is ideal for teenagers that are at risk for vitamin, mineral and trace element deficiencies due to sub-optimal dietary intake and life style.

FORMULA (#201036)

6 EZ Swallow Tablets Contain:

Vitamin A	7,000 I.U.
(28% as Vitamin A palmitate/72% as Beta carotene)	
Vitamin C (Ascorbic Acid)	500 mg
Vitamin D-3	600 I.U.
Vitamin E	200 I.U.
(as d-alpha tocopheryl succinate)	
Thiamine	10 mg
Riboflavin/Riboflavin-5-Phosphate	10 mg
Niacinamide/Niacin	25 mg
Vitamin B-6	10 mg
Folate (as L-methylfolate, Metafolin®)	400 mcg
Vitamin B-12	50 mcg
Biotin	150 mcg
Pantothenic Acid	25 mg
Calcium (from Calcium Citrate/Ascorbate Complex)	300 mg
Iodine (Kelp)	40 mcg
Magnesium	200 mg
(from Magnesium Aspartate/Taurate/Ascorbate Complex)	

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Zinc (from Zinc amino acid chelate)	5 mg
Selenium	40 mcg
(as Krebs†)	
Copper (from Copper Amino Acid Chelate)	0.5 mg
Manganese (from Manganese Aspartate/Sulfate Complex)	4 mg
Chromium GTF (Polynicotinate)	40 mcg
Molybdenum (from Krebs†)	40 mcg
Potassium (from Potassium Aspartate/Ascorbate Complex)	50 mg
Boron (aspartate/citrate complex)	0.5 mg
Vanadium (amino acid chelate complex)	10 mcg
Citrus Bioflavonoid Complex	25 mg
Inositol	25 mg
Choline (from choline citrate/bitartrate)	10 mg
Trace Elements	20 mcg
(mineral complex with sea vegetation)	
L-Cysteine	48 mg
N-Acetyl L-Cysteine	2 mg
Glutamic Acid	5 mg
Betaine (from 15 mg Betaine HCl)	11 mg
Bromelain	500 mcu

Other ingredients: cellulose, dicalcium phosphate, vegetable stearate, silica, dextrose, titanium dioxide, riboflavin, magnesium silicate, glycerin, natural vanilla flavor.

SUGGESTED USE

Adults take 6 tablets daily with meals or as directed by a healthcare professional.

SIDE EFFECTS

No adverse side effects have been reported.

STORAGE

Store in a cool, dry place, away from direct light. Keep out of reach of children.

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† These statements have not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure, or prevent any disease.

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Your patients trust you.**

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