Liquid Multivitamin

DESCRIPTION

Liquid Multivitamin, provided by Douglas Laboratories, supplies essential vitamins, minerals and trace elements in a great tasting, easy to take liquid supplement. The naturally orange-mango flavored liquid contains no yeast, corn, wheat or sugar and is sweetened with purified stevia extract.

FUNCTIONS

Studies show that a high percentage of adults and children in North America and other developed countries eat less than the minimum daily allowance of 10 or more essential nutrients. Adequate amounts and proper balance of these nutrients are needed not only for maintaining good health, but also for the dietary management and prevention of chronic diseases.[†]

Natural beta-carotene, vitamin C, vitamin E and B-complex vitamins are included because of the vital roles they play in antioxidant protection, energy production and maintenance of healthy blood cells, nervous system, hormonal balance, and more.[†] Minerals and trace elements are provided in bioavailable forms, such as amino acid chelates and other scientifically validated and clinically superior forms.

The carotenoids lutein and lycopene are included for their supportive roles as powerful antioxidants and maintenance of overall good health.[†]

INDICATIONS

Liquid Multivitamin is ideal for individuals who wish to take vitamin, mineral and trace elements in a liquid supplement.

FORMULA (#200527)

2 teaspoons (10 ml) provide:

Vitamin A (as natural beta-carotene)	1,000 IU
Vitamin C (ascorbic acid)	100 mg
Vitamin D-3 (as cholecalciferol)	
Vitamin E (as d-alpha tocopherol)	30 IU
Thiamine (as Thiamine HCI)	7.5 mg
Riboflavin (as Riboflavin-5-Phosphate)	4 mg
Niacin (Vitamin B-3, as Niacinamide	
and Inositol Nicotinate)	45 mg
Vitamin B-6 (as Pyridoxine HCI)	5 mg
Folic Acid	400 mcg
Vitamin B-12 (as methylcobalamin)	30 mcg
Biotin	400 mcg
Pantothenic Acid (Vitamin B-5	
as d-calcium pantothenate)	25 mg
Calcium (as Calcium Lactate Gluconate)	40 mg
lodine (as Potassium lodide)	
Magnesium (as Magnesium Gluconate)	20 mg
Zinc (as ZincGluconate)	
Manganese (as Manganese Aspartate)	
Chromium (as Chromium Picolinate)	
Molybdenum (as Molybdenum Aspartate)	75 mcg
Choline (from Choline Bitartrate)	20 mg
Lycopene	
Lutein	3 mg

Liquid Multivitamin

Inositol (as Inositol Nicotinate)	2.5 mg
Boron (as Boron Glycinate)	700 mcg

SUGGESTED USE

Adults take 2 teaspoons or as directed by your healthcare professional.

SIDE EFFECTS

No adverse side effects have been reported.

STORAGE

Store in a cool, dry place, away from direct light. Keep out of reach of children.

REFERENCES

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For more information on Liquid Multivitain visit douglaslabs.com

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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You trust Douglas Laboratories. Your patients trust you.

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