







OUR STORY

Nutritional supplement usage is commonplace, with millions of people taking one every day. Yet back in 1955, when the Douglas Laboratories® story began, supplements were not part of the mainstream. Company founder Sam Lioon was a nutritional pioneer. He saw an opportunity to help Americans improve their health, and began selling nutritional supplements directly to healthcare professionals. From that humble beginning, Douglas Laboratories has grown into a globally recognized leader in the development and manufacturing of innovative, science-based nutritional supplements, designed to help healthcare practitioners who are focused on the healthy aging and active lifestyles of their clients †

MANUFACTURING PRACTICES AND CERTIFICATIONS

- cGMPs for nutritional supplements in accordance with 21 CFR Part 111
- NSF International has registered Douglas Laboratories[®] as a GMP manufacturing facility
- ISO/IEC 17025:2005 accreditation of in-house laboratories
- VCP (Vendor Certification Program) to ensure raw material quality
- Approved facility to produce NSF Certified for Sport® products
- Member of Council For Responsible Nutrition









UNLOCK THE POTENTIAL OF LIVING

OF LIVING HEALTHIER LONGER.

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BEAUTY BOXES

Dual-formula kits specifically designed to support the health of hair, nails and skin[†]

FEATURES

- 1-month supply of Skin Protect[†] and Skin Nourish or Ultra HNS and QÜELL Fish Oil® EFA Plus
- Patient-friendly brochure with dosing recommendations

Beauty Box

Formula Size 66857 2 Bottles / 1 Box

The Beauty Box contains two complementary formulas to support beauty from within. † Ultra HNS supplies high-dose biotin, methylfolate, vitamin C and zinc, along with Cynatine® HNS, a patented, solubilized keratin for the health of hair, nails and skin.† QÜELL Fish Oil® EFA Plus contains supercritical, CO₂-extracted EPA and DHA for ultimate purity and concentration. It also contains organic borage seed oil to provide GLA and astaxanthin, an important carotenoid, to further support skin health.† A patient brochure is included in the package.

QÜELL Fish Oil® EFA Plus

Formula 202260 **Size** 60 Softgels Suggested Usage: 2 daily

See product details on page 7.

Ultra HNS Hair, Nails, Skin Formula

Formula 201345 Size 90 Vegetarian Capsules Suggested Usage: 3 daily

Visit douglaslabs.com to view product details.

Cynatine® HNS is a registered trademark of Roxlor, LLC.

Beauty Box Skin Support†

Formula Size 66860 2 Bottles / 1 Box

The Beauty Box Skin Support[†] contains two complementary formulas to support skin health.† The Skin Nourish formula includes a specialized nutrient blend of clinically studied ingredients containing polyphenolic compounds from grape seed, superoxide dismutase concentrate from melon, vitamin C and zinc. Together, these nutrients work within the body to provide skin radiance, hydration, and a nourished appearance.† Skin Protect[†] delivers a clinically studied combination of the antioxidants carnosic acid, lycopene, phytoene, and phytofluene to defend the skin from the effects of UV light exposure and environmental stresses.†

Skin Nourish

Formula 202269 **Size** 30 Vegetarian Capsules

Suggested Usage: 1 daily

See product details on page 6.

Skin Protect[†]

Formula 202277 **Size** 60 Softgels

Suggested Usage: 2 daily

See product details on page 5.

Hydrolyzed Collagen Plus with Hyaluronic acid

Formula Size 57717P 84 Grams Powder

Suggested Usage: 1 scoop, twice daily

Hydrolyzed Collagen Plus is a unique formulation and healthy hydration beverage for skin health.† Collagen with hyaluronic acid and co-factors supports healthy collagen production and skin elasticity, as well as hydration.† Hydrolyzed collagen peptides (from bovine) provide a source of essential and non-essential amino acids involved in collagen formation within the skin's dermis layer. Vitamin and mineral co-factors including vitamin C help with connective tissue formation, while copper and zinc help link collagen threads together.† This powdered formula is specially designed to dissolve clear and flavorless in liquid.

SUPPLEMENT FACTS

Serving Size 1 Scoop (approx. 1.4 grams) • Servings Per Container 60

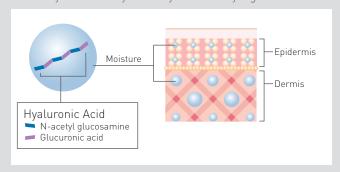
Amount Per Serving		%DV
Vitamin C (as ascorbic acid) Zinc (from zinc gluconate) Copper (from copper gluconate)	0.8 mg	56% 7% 11%
Hydrolyzed collagen (from bovine)	1.25 g	*

^{*}Daily Value (DV) not established.

Other ingredients: none.

Hyaluronic Acid

More than 50% of the body's hyaluronic acid is present in the skin, where it plays a major role maintaining extracellular spaces, preserving tissue hydration and facilitating the transport of ion solutes and nutrients to cells in the upper layer due to its water-retaining capacity. HA supports the skin by promoting healthy turnover and renewal of keratinocytes. Low molecular weight hyaluronic acid is efficiently absorbed by the body when orally ingested.



 Hydrolyzed collagen and hyaluronic acid are backed by clinical research demonstrating support for skin elasticity, hydration and appearance.[†]

Skin Protect[†]

FormulaSize20227760 Softgels

Suggested Usage: 2 daily

Skin Protect[†] delivers a clinically studied combination of the antioxidants carnosic acid, lycopene, phytoene, and phytofluene to promote healthy skin from the inside out, while helping to protect skin from the effects of UV sunlight exposure and environmental stresses.[†]

SUPPLEMENT FACTS

Serving Size 1 Softgel • Servings Per Container 60

Amount Per Serving	%DV
Standardized Tomato Fruit Extract	*
Lycopene	
Phytoene and phytofluene	*

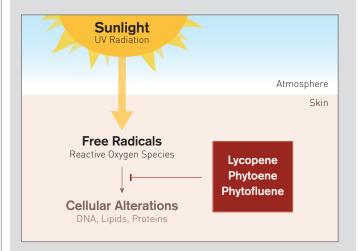
^{*}Daily Value (DV) not established.

Other ingredients: Bovine gelatin, medium chain triglycerides, glycerin, purified water, annatto extract.

Lycored Nutrient Complex Technology Inside. Lycored Nutrient Complex is a registered trademark. US Patents: 5,837,311; 6,797,303 82; 5,965,183; 2010/023256 A1.

Carotenoids Contribute to Skin Protection[†]

Premature aging of the skin can be caused by exposure to the sun's UVA and UVB light, as well as other stresses causing cell damage in the epidermis. Carotenoids are antioxidants that are present in human skin and contribute to ultraviolet (UV) light protection.† Naturally occurring carotenoids lycopene, phytoene and phytofluene from tomato fruit extract have been shown to help protect the skin more effectively than synthetic lycopene.†





Skin Nourish offers a special skin nutrient blend containing polyphenolic compounds from grape seed, SOD from melon, vitamin C, and zinc, which are primary and secondary antioxidants that support the appearance of radiant skin color, contrast and integrity.† Phytoceramides work in the skin's epidermis layer to help retain moisture and improve the appearance

of wrinkles and elasticity.[†] Silica supplied by bamboo plays a role in maintaining skin elasticity and collagen production.[†] Together, these nutrients work within the body to provide skin radiance, hydration, and a nourished appearance.[†]

[Formulated by Shelena Lalji, M.D.] ++

Skin Nourish

Formula	Size
202269	30 Vegetarian Capsules
Suggested Usage: 1 daily	

SUPPLEMENT FACTS

Serving Size 1 Vegetarian Capsule • Servings Per Container 30

Amount Per Serving	%DV
Vitamin C (as ascorbic acid)	20% 15% *
Ceramosides™	*
Bamboo extract (<i>Bambusa spp</i> , stem)	*

^{*}Daily Value (DV) not established.

Other ingredients: Hydroxypropyl methylcellulose (capsule), cellulose, ascorbyl palmitate, silica, vegetable stearate, coating ingredients (ethylcellulose and palm oil).

SkinAx^{2™} is a trademark of Activ' Inside.

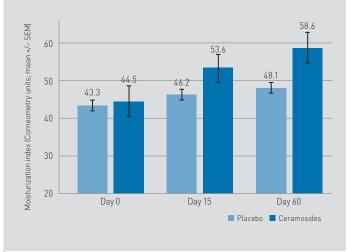
Ceramosides™ is a trademark of EPI France.

SkinAx^{2™} and Ceramosides[™] Promote Skin Hydration and Radiance[†]

As we age, skin production of collagen declines, which can impact skin elasticity and moisture retention. In addition, environmental stressors can result in damage to the skin cells, which may cause changes in coloration and turnover. SkinAx²™ is a specialized nutrient blend of clinically studied ingredients containing polyphenolic compounds from grape seed, superoxide dismutase concentrate from melon, vitamin C, and zinc. These are antioxidants that promote skin radiance by supporting healthy skin color, elasticity, and facial luminosity.[†]

Lipids called ceramides from wheat seed oil are the major constituents between the skin's layers that hold in moisture. Ceramosides™ phytoceramides have been shown to help support skin moisture 15 days after being taken orally.[†]

Skin moisture with Ceramosides[™] supplementation



FOUNDATION



This unique essential fatty acid formula utilizes the QÜELL Fish Oil® Supercritical CO₂-extracted EPA and DHA for ultimate purity and concentration. It also contains organic borage seed oil to provide GLA and astaxanthin, an important carotenoid, to help support skin, joints, and eye moisture.†

QÜELL Fish Oil® EFA Plus

Formula	Size
202260	60 Softgels
Suggested Usage: 2 daily	

SUPPLEMENT FACTS

Serving Size 2 Softgels • Servings Per Container 30

Amount Per Serving	%DV
Calories	
Calories from Fat10	
Total Fat	2%^
Vitamin A (as retinyl palmitate)	10%
Vitamin C (as ascorbic acid)50 mg	83%
Vitamin D ₃ (as cholecalciferol)	250%
Vitamin B ₆ (as pyridoxine HCl)25 mg	1250%
Magnesium (from magnesium glycinate)100 mg	25%
Omega-3 Supercritical CO ₂ Triglyceride Concentrate750 mg Providing:	*
EPA (Eicosapentaenoic acid)340 mg	*
DHA (Docosahexaenoic acid)	*
GLA (from organic borage seed oil)100 mg	*
Astaxanthin1.5 mg	*

^{*}Daily Value (DV) not established.

Other ingredients: Sunflower lecithin, beeswax, capsule (gelatin from fish [tilapia], qlycerin, water, carob).

This product contains fish oil (anchovies, sardines, mackerel).



Ultra Liver Support† contains herbal and cruciferous ingredients to help support liver function and detoxification.† This formula contains broccoli sprout extract standardized to sulforaphanes and Wasabia japonica containing ITCs to support phase II activity in the liver and activation of Nrf2 for detoxification.†

Ultra Liver Support[†]

Formula	Size
202315	60 Vegetarian Capsules
Suggested Usage: 2-4 daily	

SUPPLEMENT FACTS

Serving Size 2 Vegetarian Capsules • Servings Per Container 30

Amount Per Serving	%DV
Barberry Extract	*
Dandelion (Taraxacum officinale, root)250 mg	*
Bilberry Extract	*
Milk Thistle Extract	*
Artichoke Extract (<i>Cynara scolymus</i> , leaf)150 mg	*
Schisandra Extract	*
Broccoli Extract	*
Wasabia japonica (rhizome)	*

^{*}Daily Value (DV) not established.

Other ingredients: Hydroxypropyl methylcellulose (capsule), ascorbyl palmitate, silica, and cellulose.

[^]Percent Daily Value (DV) based on a 2,000 calorie diet.

HORMONE



The Female X Booster formula supports many of the physiological mechanisms involved in maintaining female sexual health. † These include the support of general vascular function, healthy stress responses, and overall well-being.† Black cohosh (Cimicifuga racemose) supports physical and sexual drive in post-menopausal women, as indicated by the "sexuality domain" of clinical reporting scales used in studies.† Panax Ginseng may have mild

estrogenic effects on reproductive tissues in addition to its ability to moderate the effects of stress on the nervous system, a function that is shared by other adaptogens in this formula, such as *Eleutherococcus senticosus* (Siberian Ginseng) and Ashwagandha (*Withania somnifera*). Muira Puama (*Ptychopetalum olacoides*) is a traditionally used Brazilian adaptogen to support arousal.[†]

[Formulated by Shelena Lalji, M.D. & Joseph J. Collins, R.N., N.D.] ††

Female X Booster

Formula	Size
202275	120 Vegetarian Capsules
Suggested Usage: 2-4 daily	

SUPPLEMENT FACTS

Serving Size

Servings Per Container	60	30
Amount Per Serving	%DV	%DV
Proprietary Blend		1348 mg *

2 Vegetarian Capsules

4 Vegetarian Capsules

Maca root (*Lepidium meyenii*), Dong Quai root Extract (*Angelica sinensis*) (standardized to 1% ligustilides), Muira Puama bark (*Ptychopetalum olaciodes*), Velvet bean seed Extract (*Mucuna pruriens*)(standardized to 15% l-dopa), Hops flower Extract (*Humulus lupulus*)(standardized to 5% flavones), Horny Goat Weed Extract (*Epimedium brevicornum*, aerial parts)(standardized to 10% icariin), Gokhru fruit Extract (*Tribulus terrestris*)(standardized to 45% saponins), *Eleutherococcus senticosus* root Extract (standardized to 0.8% eleutherosides), Panax ginseng root Extract (standardized to 3% ginsenosides), Ashwagandha root and leaf Extract (*Withania somnifera*)(standardized to 10% withanolide glycoside conjugates and 32% oligosaccharides), Black Cohosh root Extract (*Cimicifuga racemosa*)(standardized to 0.8% triterpene glycosides)

	(
L-A	rginine	. 250 mg	*	.500 mg	*
L-C	itrulline	. 230 mg	*	. 460 mg	*

^{*}Daily Value (DV) not established.

Other ingredients: Hydroxypropyl methylcellulose (capsule), ascorbyl palmitate and silica.



GlucoQuench™ is a Hormone Specific™ Formulation containing botanical ingredients, adaptogens, and phytotherapeutic extracts to help maintain the Glucose-Insulin-System (GIS), promote healthy glucose metabolism, and support hormone function.†

[Formulated by Joseph J. Collins, R.N., N.D.]^{††}

GlucoQuench™

Formula	Size
202298	120 Capsules
Suggested Usage: 2-4 daily	

SUPPLEMENT FACTS

Serving Size Servings Per Container	2 Capsules 60	4 Capsules 30
Amount Per Serving	%DV	%DV
Gymnema sylvestre	mnemic acids)	
Rehmannia glutinosa extract (root) Berberine HCl	125 mg *	
Eleutherococcus senticosus(root, standardized to 0.8% eleuthero		200 mg *
Cinnamon bark extract	62.5 mg *	125 mg *
Lagerstroemia speciosa (banaba leaf extract) (standardized to 18% corosolic acid)	28 mg *	56 mg *
A Phytocrine [™] Proprietary Blend Panax ginseng extract (root, standar Withania somnifera (Ashwagandha minimum of 10% withanolide glycos Rhodiola rosea root extract (standar	rdized to 3% ginsel root and leaf extra side conjugates an	nosides) ct, standardized to a d 32% oligosaccharides),

^{*}Daily Value (DV) not established.

Other ingredients: Hydroxypropyl methylcellulose (capsule), microcrystalline cellulose, ascorbyl palmitate, silica.

HEART & METABOLIC



MitoTone Plus is a unique dietary supplement designed to provide a broad spectrum of beneficial nutrients to support mitochondrial energy production and healthy aging.† Mitochondria serve as the powerhouse of the cell and their proper functioning is essential to the aging process. Specific nutrients that influence the electron transport chain function and provide antioxidant protection appear to nutritionally support healthy mitochondrial function.† This product features adenosylcobalamin, the major form of vitamin B₁₂ stored in

the mitochondria of cellular tissues. Pterostilbene, a methylated resveratrol, has superior bioavailability with a longer half-life than resveratrol, and may help to prevent free radical damage that can lead to premature aging of cells.[†]

[Formulated by Daniel Kalish, D.C.]⁺⁺

MitoTone Plus

Formula	Size
202317	90 Vegetarian Capsules
Suggested Usage: 3 daily	

SUPPLEMENT FACTS

Serving Size 3 Vegetarian Capsules • Servings Per Container 30

Amount Per Serving		%DV
Vitamin B ₁ (as thiamine hydrochloride)	. 20 mg	1667%
Vitamin B, (as riboflavin-5-phosphate)		1538%
Niacin (as niacinamide)		313%
Vitamin B, (as pyridoxal-5-phosphate)		1176%
Vitamin B ₁₂		41667%
(as 50% adenosylcobalamin and 50% methylcobalamin)	9	
Pantothenic Acid (as calcium pantothenate)	.50 mg	1000%
Magnesium (from magnesium malate)	.50 mg	12%
Sodium (from sodium succinate)	.56 mg	2%
Acetyl-L-Carnitine HCl		*
Creatine monohydrate		*
Sodium succinate	200 mg	*
Malic acid (from magnesium malate)	160 mg	*
N-Acetyl-L-Cysteine1	_	*
Alpha-Lipoic Acid1		*
Co-Enzyme Q10 (ubiquinone)	.50 mg	*
Pterostilbene		*
(pTeroPure™)(as methylated resveratrol)	9	

^{*}Daily Value (DV) not established.

Other ingredients: Hydroxypropyl methylcellulose (capsule), ascorbyl palmitate, silica.

pTeroPure™ is a trademarked material from ChromaDex

^{††}Our Clinical Advisors have been retained as medical consultants in advising Douglas Laboratories

VITAMINS, MINERALS & AMINO ACIDS

Methyl Folate 5 mg

Formula	Size
202268	60 Vegetarian Capsules
Suggested Usage: 1 daily	

Methyl Folate supplies 5 mg of biologically active folate called (6S) 5-methyltetrahydrofolate (5-MTHF). 5-MTHF is the naturally occurring, predominant form of folate commonly found in cells and is essential for overall health, as it participates as a cofactor in a reaction that involves the remethylation of homocysteine to methionine. Quatrefolic® is a highly soluble glucosamine salt of 5-MTHF that has demonstrated more rapid absorption than folic acid.†

SUPPLEMENT FACTS

Serving Size 1 Vegetarian Capsule • Servings Per Container 60

Amount Per Serving	%DV
Folate	1,250%

^{*}Daily Value (DV) not established.

Other ingredients: Microcrystalline cellulose and hydroxypropyl methylcellulose (capsule).

Quatrefolic® is a registered trademark of Gnosis S.p.A. Patent No. 7,947,662

Vitamin B12Formulated with Hydroxycobalamin

Formula	Size
202314	60 Lozenges
Suggested Usage: 1 daily	_

Vitamin B12 Formulated with Hydroxycobalamin is a great tasting natural black cherry/vanilla flavored lozenge designed to be dissolved in the mouth, then swallowed. This convenient delivery form also provides enhanced bioavailability of vitamin B_{12} . Hydroxycobalamin is a precursor form of vitamin B_{12} converted in the body to both methylcobalamin and adenosylcobalamin.

SUPPLEMENT FACTS

Serving Size 1 Lozenge • Servings Per Container 60

Amount Per Serving		%DV
Vitamin B ₁₂ (as hydroxycobalamin)	2,500 mcg	104,166%

^{*}Daily Value (DV) not established.

 $Other\ ingredients: Xylitol,\ mannitol,\ natural\ black\ cherry\ and\ natural\ vanilla\ flavor,\ carboxymethylcellulose,\ and\ ascorbyl\ palmitate.$



COMPLETE ACCESS



JOIN US ONLINE AT DOUGLASLABS.COM

All of our product information is available online in our Product section. Search by health function, ingredient, name or item number.

HOW TO PLACE AN ORDER

Douglas Laboratories offers a wide range of research-based dietary supplements directly to healthcare practitioners. As part of our credentialing process, we will ask you to provide proof that you are a licensed healthcare practitioner. Once verified, your account will be activated and you can begin purchasing.

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- To enjoy free shipping on Continental U.S. web orders over \$100, enter code **DL100** at checkout.*
- Phone orders under \$300 please add \$10 for shipping.

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PAYMENT TERMS

Discover®, MasterCard®, VISA®, and American Express®.



Access our 10 key healthy aging categories developed for customized patient support at douglaslabs.com.[†]

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